Arizona Occupational Therapy Association | IOTA | NMOTA | NOTA Nevada Occupational Therapy Association | OTAC Occupational Therapy Association of California | UOTA Utah Occupational Therapy Association

March 5-7 | Virtual

WESTERN REGIONAL 2021 OT SPRING SYMPOSIUM

RESILIENCE

CONTINUING EDUCATION

CHECK OUT THESE SYMPOSIUM HIGHLIGHTS!

FRIDAY PRE-SYMPOSIUM: MINDFULNESS AND HEALING: Mini-Retreat (separate fee)

Rochelle McLaughlin, MS, OTR/L, GAPS

FRIDAY WELCOME: LOOKING AHEAD!

Wendy C. Hildenbrand, PhD, MPH, OTR/L (MO), FAOTA, AOTA President

SATURDAY KEYNOTE/FIRESIDE CHAT: OT Resilience in the Age of Disruption

Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA)
Frank Kronenberg, PhD, BScOT, BA, Ed (Cape Town/South Africa)

More than 50 sessions. Tracks include: behavioral and mental health/wellness, pediatrics/school-based practice, older adults, general practice, leadership, social justice, OT resilience, and academics.

Saturday and Sunday. Breakout networking Zoom rooms.



Lora Woo, OTD, OTR/L
California
WROTSS Chair

RESILIENCE

We are pleased to bring you the virtual 2021 Western Regional OT Spring Symposium (WROTSS). When seven states came together to collaborate on planning the initial WROTSS in Las Vegas last year, we envisioned a continuing education event that would bring high-quality, evidence-based, topical professional development to many in the west and beyond, while providing unique and intimate networking opportunities. Little did we know how fortuitous our keynote, *Occupational Therapy in the Age of Disruption*, would become just as we launched registration. WROTSS was the final large in-person gathering of OT practitioners before safe-at-home orders and social justice discord erupted across the country. While it has been a year that we hope will not be repeated in our lifetime or that of younger generations to follow, this past year has demonstrated above all else the resiliency of occupational therapy. Out of disruption can come forward motion. Resilience is defined as 'the capacity to recover quickly from difficulties.' Whether it's in our day-to-day clinical practice, educating our future professionals, or facing significant disruptions, occupational therapy practitioners have a resiliency that supports them well in their role as essential health care workers. We encourage you to join us this year as we celebrate our resiliency and look forward to new opportunities in the future.

ADDED VALUE

Gain Access to ALL Sessions!

DATES TO REMEMBER!

Cut-off time is 8:59pm PST unless otherwise noted.

February 5	Early bird registration deadline (8:59pm PST). Fees increase.
February 5	Complete Volunteer Form
February 24	Deadline for "2-for-1" discount (8:59pm PST).
February 24	Deadline to request registration refund.
February 28	Advance registration deadline (8:59pm PST).

SYMPOSIUM SPONSOR

Ex N' Flex

BECOME A SPONSOR Shannon Rutledge, CMP
shannon@otaconline.org

ONLINE REGISTRATION Online registration available on the WROTSS website at **symposium.otaconline.org.**

GREAT VALUE!

Special "2-for-1" Registration Rate – $139 each. If a current member recruits a new member to join their state association in conjunction with the Symposium, both can attend at this discount (must be from same state). If two nonmembers join at the same time/together (must be from same state), both can attend with this discount. All paperwork must be submitted together. Online registration not available for this discount. Friday, March 5 Pre-Symposium Session 1 is a separate fee and not part of the disount.

Regular Member Registration Rate – $219 each. If you don't recruit a new member attendee, you can still attend at the great value of only $219 for the two-day Symposium. Friday, March 5 Pre-Symposium Session 1 is a separate fee.

Attention Students! Look inside for special student discount (Registration Form).

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March 5-7 | Virtual

WESTERN REGIONAL

2021 OT SPRING SYMPOSIUM

RESILIENCE

CONTINUING EDUCATION

SESSION 1

Friday, March 5 – 1:00pm – 5:00pm (separate fee)
Mindfulness and Healing: A Mini-Retreat



Rochelle McLaughlin, MS, OTR/L, GAPS

This webinar will offer evidence-based tools, practices, and techniques that enable participants to feel a greater sense of stability, strength, and resilience. Participants will learn to connect to their own inner resources to promote clarity and effective coping skills.

ACTIVITY A

Friday, March 5 – 5:30pm – 6:00pm
Welcome!



Join AOTA President Wendy C. Hildenbrand, PhD, MPH, OTR/L (MO), FAOTA, as she welcomes the profession to this collaboration of OT professionals from across the west and beyond and shares her perspective on OT resilience.

ACTIVITY B

Saturday, March 6 – 9:00am – 9:45am
Keynote/Fireside Chat: OT Resilience in the Age of Disruption

Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA)

Frank Kronenberg, PhD, BScOT, BA Ed (Cape Town/South Africa)

Disruption is often defined as that which causes radical change. This past year our country – and the world – has certainly experienced disruption. Last year these two keynote co-presenters and OT disruptors in their own right met on stage as provocateurs to inspire us to be positive disruptors in our practice settings – to reinvent our profession to face the future. Join us for this fireside chat as Michael and Frank reflect on the profession's resilience in the face of disruption.

Moderator: Bryant Edwards, OTD, MA, OTR/L, BCP, MPH

CONNECT IN OUR ZOOM ROOMS AND SYMPOSIUM VIRTUAL WALL!

ACTIVITY C

Networking Zoom Rooms
Saturday, March 6 | 11:45am – Noon

ACTIVITY D

Networking Zoom Rooms
Saturday, March 6 | 3:45pm – 4:15pm

ACTIVITY E

Networking Zoom Rooms
Sunday, March 7 | 12:30pm – 12:45pm

SYMPOSIUM VIRTUAL WALL

Network, connect, ask questions – 24/7
Watch for special engagement postings

KEYNOTE/FIRESIDE CHAT CO-PRESENTERS



Michael Iwama,
PhD, MSc, BScOT, BScHP

Session 23
Saturday, March 6
12:15pm – 1:45pm



Frank Kronenberg,
PhD, BScOT, BA Ed

Session 16
Saturday, March 6
10:00am – 11:30am

VIRTUAL PROGRAM SCHEDULE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDUs

FRIDAY, MARCH 5, 2021

1:00pm – 5:00pm

1 - Mindfulness and Healing: A Mini-Retreat (4 PDUs)

Rochelle McLaughlin, MS, OTR/L, GAPS

This webinar will offer evidence-based tools, practices, and techniques that enable participants to gain a greater sense of stability, strength, and resilience. Participants will learn to connect to their own inner resources to promote clarity and effective coping skills. **Separate fee required.**

5:30pm – 6:00pm

A - Welcome!

Join AOTA President Wendy C. Hildenbrand, PhD, MPH, OTR/L (MO), FAOTA, as she welcomes the profession to this collaboration of OT professionals from across the west and beyond and shares her personal perspective on OT resilience.

SATURDAY, MARCH 6, 2021

9:00am – 9:45am

B - Keynote/Fireside Chat: OT Resilience in the Age of Disruption (.75 PDUs)

Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA)
Frank Kronenberg, PhD, BScOT, BA Ed (Cape Town/South Africa)

Disruption is often defined as that which causes radical change. This past year our country – and the world – has certainly experienced disruption. Last year these two keynote co-presenters and OT disruptors in their own right met on stage as provocateurs to inspire us to be positive disruptors in our practice settings – to reinvent our profession to face the future. Join us for this fireside chat as Michael and Frank reflect on the profession's resilience in the face of disruption.
Moderator: Bryant Edwards, OTD, MA, OTR/L, BCP, MPH

10:00am – 11:30am

10 - OT Practice: Demonstrating Resilience in the Face of Disruption (1.5 PDUs)

Come hear from the leadership of various collaborating WROTSS states on the impact of COVID-19 and how they have demonstrated resilience and are looking to the future in the face of significant disruption.
Moderator: Chuck Willmarth, CAE, AOTA Vice President, Health Policy and State Affairs

10:00am – 11:30am

11 - Thoracic Outlet Syndrome Across Practice Settings (1.5 PDUs)

John Rider, MS, OTR/L (NV), MSCS, CEAS; Ezra Alex, OTS

In this primer course on thoracic outlet syndrome designed for OT practitioners working in any practice setting, participants will review relevant anatomy, observe special tests for evaluation, and practice evidence-based interventions to increase occupational engagement.

10:00am – 11:30am

12 - Handwriting and Response to Intervention: Embed. Collaborate. Measure. Graduate! (1.5 PDUs)

Beverly Moskowitz, DOT, MS, OTR/L (PA), FAOTA

The Size Matters Handwriting Program (SMHP) mirrors the Response to Intervention (RtI) demand for accountability. SMHP is proven, adaptable, measurable, and easily tiered. Learn easy strategies to build legibility schoolwide, in classrooms and individually. Create kid-friendly materials.

10:00am – 11:30am

13 - The Power of Lifestyle Interventions Throughout Cancer Care (1.5 PDUs)

Emma Schiewe, MA, OTR/L

Attend this session to learn about the growing need for lifestyle intervention approaches to address cancer diagnoses. Explore how occupational therapy can utilize holistic lifestyle intervention to promote an individual's health and wellness.

10:00am – 11:30am

14 - Implementing Performance-Based Cognitive Assessments in the Hospital Setting (1.5 PDUs)

Amanda Blattman, OTD, OTR/L (AZ); Sara Stephenson, OTD, OTR/L (AZ), BCPR, CBIS

Authors will present results of an occupational therapy-led IRB approved research study. Through understanding the results, attendees will learn the benefits and feasibility of implementing performance-based cognitive assessments to provide more expanded discharge recommendations.

10:00am – 11:30am

15 - Evidence-Based Self-Regulation Skills Training for Adolescents and Adults (1.5 PDUs)

Noelle Schorn, MA, OTR/L; Samantha Valasek, OTD, OTR/L, TTS

Improve your understanding of self-regulation as we explore its connection to health behavior and occupational engagement. Learn specific self-regulation strategies and how to develop these skills in your patients to help them achieve their goals.

10:00am – 11:30am

16 - A Love Supreme: Grappling with Systemic Racism in OT (1.5 PDUs)

Frank Kronenberg, PhD, BScOT, BA Ed (Cape Town/South Africa)

Framed around the four parts (acknowledgement, resolution, pursuance, and psalm) of John Coltrane's 1964 classic jazz album 'A Love Supreme,' this presentation will delve into our current challenges in grappling with systemic racism in occupational therapy in a novel way.

10:00am – 11:30am

17 - Transitioning from Clinician to Academic (1.5 PDUs)

Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA; Terry Catipon-Peralta, PhD, OTR/L; Allen Espelita, OTD, OTR/L, C/NDT, CEAS

This presentation will focus on clinicians who are exploring and considering venturing into academia as a future practice environment. It will highlight academic career planning, preparation, expectations, and feature experiences of practitioners who transitioned as academics.

11:30am – 12:15pm

Lunch Break

11:45am – Noon

C – Networking Zoom Rooms

12:15pm – 1:45pm

20 - Transforming OT Post-Pandemic: Expanding Practice and Engagement (1.5 PDUs)

Mary Evert, MBA, OTRL, FAOTA, SCD (hon); Tammy Richmond, MS, OTRL, FAOTA

This session will discuss and promote business and service model recommendations to provide occupational therapy practitioners and educators information and tools to transform and expand future practice, education, and research, which responds to post-pandemic needs.

REGISTRATION BONUSES!

All registration combinations include AOTA President's Welcome and Keynote/Fireside Chat.

Each day(s) registration includes all the sessions for that day(s). All of your qualifying sessions will be available for 60 days following the close of the Symposium, beginning Monday, March 15, 2021 through Friday, May 17, 2021.

Make your registration selections within the WROTSS Socio platform to receive reminder notifications about your sessions. Selecting sessions in advance also builds your customized agenda for easy viewing and reference.

PROGRAM SCHEDULE *continued*

VIRTUAL PROGRAM SCHEDULE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDUs

12:15pm – 1:45pm
21 - Motivational Interviewing for Individuals with Persistent Pain (1.5 PDUs)
John Rider, MS, OTR/L (NV), MSCS, CEAS; Paula Cook, OTD, OTR/L (NV), CIMI
This course will provide participants with a foundational knowledge of motivational interviewing, emphasizing application in occupational therapy practice with individuals experiencing persistent pain. Participants will gain skills that can be applied immediately in clinical practice.

12:15pm – 1:45pm
22 - Occupational Therapy in Pediatric Mental Health: Dual Diagnoses and Interdisciplinary Care (1.5 PDUs)
Joyce Yoo, OTD, OTR/L; Emma Wallace, OTD, OTR/L
Attendees will have a chance to explore, learn, and practice clinical occupational engagement with clients with dual diagnoses (mental health diagnoses and developmental disability) and the various factors demonstrating the need for interdisciplinary work.

12:15pm – 1:45pm
23 - The River Flows Despite COVID-19: An Occupational Therapy Perspective on Resilience and Hope in the Age of Social Disruption
Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA)
This session will examine the anatomy of social disruption and resilience in the day-to-day realities of occupational therapy practitioners, and how the principles of our practice can inspire hope and a better way forward.

12:15pm – 1:45pm
24 - Occupational Resilience: A New Construct and Its Measurement (1.5 PDUs)
Bernard Muriithi, PhD, OTR/L (AZ); Jennifer Muriithi, OTD, OTR/L (AZ)
Occupational resilience is a new construct in occupational therapy. Participants will learn about why the new construct is timely in clinical practice and research. Attendees will practice administration and scoring of the Occupational Resilience Measure.

12:15pm – 1:45pm
25 - Bringing Sensation to Life in Substance Use Treatment (1.5 PDUs)
Jessica De Brun, OTD, MOT, OTR/L; Erin McIntyre, OTD, MA, OTR/L
This presentation will provide an overview of the evolution of trauma-informed, sensory-based approaches used in substance use treatment along with an opportunity to engage and explore in the experience of the sensory group process.

12:15pm – 1:45pm
26 - Racism in the Context of Human Occupation (1.5 PDUs)
Sheela Ivlev, MS, OTR/L
To effectively provide occupational therapy services, we must acknowledge how racism affects our service users and their ability to engage in occupation. This session will cover history, terminology, and strategies to undo this harm.

12:15pm – 1:45pm
27 - Developing Competencies for a Health and Wellness Course (1.5 PDUs)
Teresa Liccardo, MA, OTR/L (NV); Yvonne Randall, EdD, MHA, OTR/L (NV), FAOTA
This presentation will explore current issues in preparing students to practice in health and wellness. Health and wellness competencies will be discussed as a method for ensuring students are prepared to provide services in this area.

1:45pm – 2:00pm
Break

CALL FOR CONFERENCE VOLUNTEERS

Are you comfortable with technology?

Are you experienced with Zoom webinars?

Are you comfortable with monitoring/helping to moderate Q&As?

Do you have a strong internet connection?

Does your computer/laptop/iPad have a camera and microphone?

Would you make yourself available for a volunteer orientation?

Do you want to earn PDUs?

If you answered yes to all or most of these questions, then you might be a candidate for a Virtual Room Monitor/ Moderator.

Volunteers play a vital role in the success of the largest state occupational therapy professional development conference – and it is no less true for a virtual conference.

You can access the volunteer form here.

Deadline to respond: Friday, February 5.



PROGRAM SCHEDULE *continued*

VIRTUAL PROGRAM SCHEDULE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDUs

2:00pm – 3:30pm
30 - Occupational Therapy Practitioners Support Preparations for Disasters and Emergencies (1.5 PDUs)
Mary Schmitz, OTD, OT/L (AZ); Asha Asher, MA, OTR/L, FAOTA; Catherine Gardner, OTD (NJ), MPA, OT, FAOTA; Susan Skees Hermes, OTD, OTR/L, BCP
There is a distinct role for occupational therapy in disaster planning and preparedness across settings. Culturally-effective safety plans considering individual strengths and challenges, threats, and available supports will be discussed.

2:00pm – 3:30pm
31 - Clinical Reasoning: Occupational Therapy Sleep Assessments and Interventions (1.5 PDUs)
Patricia Librea, OTS; Kathleen Apostol, OTS; Kanika Eng, OTS; Thong Vo, OTS
This study explored the clinical reasoning behind the selection and utilization of sleep assessments and interventions by occupational therapy practitioners – revealing that they are selected based on convenience, environmental-external factors, values, knowledge and education, and client-centeredness.

2:00pm – 3:30pm
32 - An "Alternative-for-Suspension" for 3-Tier Students: Call for OT (1.5 PDUs)
Bonnie Nakasuji, OTD, OTR/L, FAOTA; Marilyn Noriega, MA, OTR/L; Amanda Routt, OTD, OTR/L; Maribel Martinez, EDD
This presentation will describe occupational therapy-led programs (including successes and challenges) designed to address the behaviors of first-grade students as an "alternative-for-suspension" to prepare them for participation in school curriculum and activities without incident.

2:00pm – 3:30pm
33 - IDD and Dementia: Intervention Through Occupation (1.5 PDUs)
Laura Golden, OTD, OTR/L (TX)
This presentation will discuss the signs of dementia specific to individuals with intellectual or developmental disability (IDD) and its impact on function and behavior. The presentation will provide strategies for effective interventions for individuals with IDD co-occurring and dementia.

2:00pm – 3:30pm
34 - Mental Health OT for Adults with Intellectual Disability (1.5 PDUs)
Lillian Sun, OTD, OTR/L
This presentation will discuss the current literature on the mental health needs and best practices for adults with intellectual disabilities and how that influenced the establishment of occupational therapy services within a multidisciplinary day program to enhance occupational well-being.

2:00pm – 3:30pm
35 - Utilizing Therapeutic Use of Self for Treatment Resistant Patients (1.5 PDUs)
Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L
As occupational therapy practitoners we all encounter challenging patients, whether it is because they are viewed as "noncompliant" or maybe even "confrontational." This session aims to provide strategies for working with these treatment resistant patients.



2:00pm – 3:30pm
36 - Promoting Occupational Justice in Occupational Therapy Fieldwork (1.5 PDUs)
Joahnes Gatdula, OTD, OTR/L, ITOT
This session will discuss the role of occupational therapy in promoting occupational justice through a community-built model in Level II Fieldwork placement. In-depth review of program objectives, evaluation tool, Model of Human Occupation FOR, and evidence-based treatment interventions for homelessness population will be discussed.

3:45pm – 4:15pm
D – Networking Zoom Rooms

SUNDAY, MARCH 7, 2021

9:00am – 10:30am
40 - Navigating Unexpected Change: The Evolution of a Profession (1.5 PDUs)
Bailey Zubel, OTD, OTR/L; Heather Kitching, OTD, OTR/L, FAOTA
COVID-19 altered academic education and practice resulting in a residual shift for Level II Fieldwork that can positively impact the future of the profession. The presenters will review the resultant wins, losses, and forward momentum.

9:00am – 10:30am
41 - Engagement in Occupations During COVID-19: Academia to Private Practice (1.5 PDUs)
Naomi Achondo, OTD, OTR/L; Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA; Oliver Obusan, OTR/L
Occupational therapy practitioners can provide valuable service amidst a pandemic. Sharing lived experiences in various settings – academia, government-run healthcare, and private practice – this session will demonstrate how the pandemic shifted the practice in these settings, and its impact on the occupational therapy profession.

9:00am – 10:30am
42 - Occupational Therapy in the Foster Care System (1.5 PDUs)
Priya Parekh, OTD, OTR/L (AZ), CEAS
Children in foster care suffer through a myriad of health concerns impacting overall brain development, thereby impeding everyday performance. Occupational therapy practitioners can help optimize their performance and provide an opportunity for greater occupational well-being.

9:00am – 10:30am
43 - SEL and Movement: Supporting Students Amidst a Pandemic (1.5 PDUs)
Alice Heebner, OTR/L; Stephen Ferrang, OTR/L
As school-based occupational therapists, we know the importance of movement for health. We will help you go deeper to explore the relationship between Social-Emotional Learning (SEL) and movement, providing you with strategies to implement in practice.

9:00am – 10:30am
44 - Lifestyle Medicine and Occupational Therapy: A Natural Fit (1.5 PDUs)
Christy Billock, PhD, OTR/L, DipACLM; Julie Kugel, OTD, OTR/L, DipACLM; Dragana Krpalek, PhD, OTR/L; Heather Javaherian, OTD, OTR/L, FAOTA
This presentation will introduce lifestyle medicine and how it can enhance occupational participation for prevention and wellness in a range of settings. Participants will learn the pillars of lifestyle medicine and their application in occupational therapy.

9:00am – 10:30am
45 - Fostering Independent Living Seniors' Wellness: Occupational Therapy's Unique Role (1.5 PDUs)
Emily Schulz, PhD, OTR/L (AZ), CFLE, ACUE; Jessica Meyer, MEd, MS, OTR/L (AZ); Arnette Chad, OTS; Lam Linh, OTS
This presentation will examine the level of engagement in meaningful occupations, wellness, and quality of life of seniors moving into independent living at a Life Plan Community and will explain occupational therapy's unique role in that setting.

PROGRAM SCHEDULE *continued*

THE MANY FACES OF WROTSS 2020!

























VIRTUAL PROGRAM SCHEDULE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDUs

9:00am – 10:30am
46 - Maximizing Student Learning in Remote, Role-Emerging Level II Fieldwork (1.5 PDUs)
Prisca Wu, OTD, OTR/L; Clarissa Saunders-Newton, PhD, OTR/L
The presentation will review the rationale and strategies used to create a robust remote Level II Fieldwork experience in a role-emerging setting through clearly defined fieldwork learning objectives, unique learning activities, self-assessments, and guided reflections.

9:00am – 10:30am
47 - Fieldwork Educators' Guide to Successful Fieldwork Programming (1.5 PDUs)
Stephanie Kokesh, OTD, OTR/L
Participants will receive guidance on developing and implementing fieldwork programming across practice settings, related to placement structure, collaborating with the school, utilizing tangible resources, and enacting a mutually beneficial experience for fieldwork educator and student.

10:30am – 10:45am
Break

10:45am – 12:15pm
50 - OTAs in Research (1.5 PDUs)
Abigail Swidergal, MS, COTA/L (NV), CKTP;
Melissa Tilton, COTA/L (MA), BS, ROH
Vision 2025 pillars provide opportunities for OTAs within research, increasing evidence for practice, creating new leaders, increasing collaboration, growing accessibility through intervention, and increasing diversity in the thoughts, ideas, and population participating in occupational therapy research.

10:45am to 12:15pm
51 - Establishing Effective Outcomes in a Neurologic Outpatient Rehabilitation Program (1.5 PDUs)
Talent Dang, OTD, OTR/L; Michelle Laforteza, OTD, OTR/L
Outpatient rehabilitation can increase functional skills and self-esteem in stroke recovery. This session will explore outcome measures addressing participation in occupations, physical performance, and quality of life to quantify the benefits of an outpatient program.

10:45am – 12:15pm
52 - Establishing Occupational Therapy's Role in Foster Care Hub (1.5 PDUs)
Veerali Juthani, MA, OTR/L; Jennifer Jones, OTD, OTR/L, BCP;
Alya Turcotte, OTD, OTR/L; Jennifer Rafeedie, PsyD; Sheela Rao, MD
This presentation will introduce the current Foster Care Hub and integrated care models, define occupational therapy's role within the model, and provide case studies and outcome measures to highlight the efficacy of occupational therapy's unique contribution.

10:45am – 12:15pm
53 - Navigating Difficult Conversations with Families of Special Needs Children (1.5 PDUs)
Mary David, PsyD
A supportive and collaborative team is essential to the success of any therapeutic process. This session at the intermediate professional level will address key components for counseling families and/or clients during the duration of their therapies, including: intake, discussing progress, and discharge criteria and timing. These conversations can at times be difficult and require a certain level of counseling skills to navigate various situations. The participants will learn how to actively listen, navigate through difficult information, and increase collaboration with parents.

10:45am – 12:15pm
54 - Role of Occupational Therapy in Street-Based, Homeless Healthcare (1.5 PDUs)
Rachel Kent, OTR/L; Lauren Espinoza, OTD, OTR/L
This session will explore the complex needs of individuals experiencing homelessness and the unique role that occupational therapy plays in addressing these needs on a primary care street-based medicine team in Los Angeles County.

10:45am – 12:15pm
55 - Everything Old is New Again: Reminiscence in ADC (1.5 PDUs)
Yvonne Randall, EdD, MHA, OTR/L (NV), FAOTA
Reminiscence is frequently utilized in dementia care through use of tangible prompts to elicit positive memories. This presentation will explore occupational therapy and reminiscence in adult day care (ADC) services.

10:45am – 12:15pm
56 - OT and OTA FWII: Clubhouse International Site Collaboration (1.5 PDUs)
Jessica Padilla, COTA/L; Faith Moy, OTR/L; Jennifer Brouwers, OTS;
Zurit Horowitz, OTS; Becky Hua, OTS
Level II Fieldwork students and faculty will share how they collaborated to create a virtual clubhouse for two Clubhouse International sites that were struggling to meet the club members' needs during COVID-19. Participants will learn about the Clubhouse International model, how OT/OTA Level II Fieldwork students and faculty created the virtual clubhouse, and how they added leadership training to the clubhouse programs.

10:45am – 12:15pm
57 - Navigating an Online Learning Environment with ADHD (1.5 PDUs)
Savanna Forry, OTR/L; Rashelle Nagata, OTD, OTR/L; Bethrese Padini, OTS
Students with ADHD require creative solutions to address their overall health, wellness, and academic success within an online learning environment. Learn how to adapt interventions for college students with ADHD to your population of interest.

12:15pm – 1:00pm
Lunch Break

12:30pm – 12:45pm
E – Networking Zoom Rooms

1:00pm – 2:30pm
60 - The NBCOT® Disciplinary Action Program: Serving Public Interest Throughout Your Professional Career (1.5 PDUs)
Shaun Conway, OTR; Barbara Williams, DrOT, MS, OTR
Connect with NBCOT to learn about the Disciplinary Action Program that helps to meet the NBCOT® mission. *This session is not recorded for future viewing.*

1:00pm – 2:30pm
61 - An OTPF Goals Approach to Career Development (1.5 PDUs)
Kyrstin Szewczyk, OTR/L (WA), MOT, CBIS, CEAS I
Learn to write relevant goals for your career, incorporating all areas of the Occupational Therapy Practice Framework (OTPF). There will be in-depth discussion on getting involved in your state association, learning new skills, and boosting your career.

1:00pm – 2:30pm
62 - Deepening Your Practice with the Kawa Model (1.5 PDUs)
Heather Javaherian, OTD, OTR/L, FAOTA; Praveen Injeti, BS, MFT, OT/L;
Erica Herrera, OTD, OTR/L, CHT
The Kawa Model can be used in many practice settings to elicit patient narratives and provide client-centered care. We will describe the Kawa Model in behavioral health, hand therapy, and community-based settings covering evaluation, intervention, and documentation.

1:00pm – 2:30pm
63 - Occupational Therapy and Quality Measures in Long-Term Care (1.5 PDUs)
Suchitra (Suchi) Iyer, MA, OTR/L; Martin Lee, OTR/L; Lisa Kangas, OTR/L
This presentation will discuss key quality measures pertaining to occupational therapy in skilled nursing facilities and the impact of COVID-19 on the quality measures and the role of occupational therapy in improving outcomes in the elderly population.

1:00pm – 2:30pm
64 - Supporting College Students During the Pandemic (1.5 PDUs)
Myka Winder, OTD, OTR/L; Ashley Uyeshiro Simon, OTD, OTR/L
Occupational therapy (OT) has a role to play in supporting college students in lifestyle management, building connection, and accessing resources during the pandemic. This presentation will detail opportunities for OT to be involved in this emerging area.

PROGRAM SCHEDULE *continued*

VIRTUAL PROGRAM SCHEDULE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDUs

1:00pm – 2:30pm
65 - Socially-Distant and Socially-Constructed: An Inter-Institutional Faculty Learning Community (1.5 PDUs)
Erin McIntyre, OTD, OTR/L; Jeni Dulek, OTD, OTR/L; Laura Bostock, MOT, OTR/L; Michelle Gorenberg, OTD, OTR/L
This presentation will detail the development, implementation, and outcomes of a virtual faculty-led book club learning community and asynchronous platform for sharing of ideas and resources.

2:30pm – 2:45pm
Break

2:45pm – 4:15pm
70 - NBCOT®: Maintaining Certification and Competency (1.5 PDUs)
Shaun Conway, OTR; Barbara Williams, DrOT, MS, OTR
Connect with NBCOT® and hear about maintaining national occupational therapy certification as well as methods that can be used to contribute to professional competency. *This session is not recorded for future viewing.*

2:45pm – 4:15pm
71 - Fostering Intraprofessional Collaboration (1.5 PDUs)
Abigail Swidergal, MS, COTA/L (NV), CKTP
The occupational therapy profession is created from two distinct roles meant to work collaboratively and in cooperation for the best outcomes for service recipients. Learn how to create the best possible outcome for intraprofessional collaboration.

2:45pm – 4:15pm
72 - Teletherapy in Practice: Connecting, Assessing, Treating, and Coaching (1.5 PDUs)
Kim Barthel, BMR, OT (Canada)
From building therapeutic relationships to figuring out what to do when and how – it is possible to provide quality therapy online. It is different, but it opens doors for many.

2:45pm – 4:15pm
73 - Increased QOL with OT for Formerly Homeless Women (1.5 PDUs)
Aimee Villalpando, OTS, CNS; Gabrielle Romero, OTS; Kim Yan, OTS; Natalie Lodeen, OTS
These presenters will discuss their exploration of the impact of theatre-based mindful occupational therapy interventions on the development of healthy daily routines, nourishing relationships, and an enhanced quality of life (QOL) for formerly homeless women living in permanent supportive housing (PSH).

2:45pm – 4:15pm
74 - Bringing "Life" into End-of-Life Care (1.5 PDUs)
Karmella Bognot, MS, OTR/L (NV)
An occupational therapy practitioner will describe how working in hospice is a daily practice in being a well-rounded clinician, and how our foundational knowledge, expected out of any entry-level clinician, brings opportunities to bring "life" into the profession.

THIS IS A VIRTUAL SYMPOSIUM

PRACTICE AREA TRACKS

EARN PDUs

Behavioral and Mental Health/ Wellness	Pediatrics/ School-Based Practice	Physical Disability/Older Adults	General Practice/ Clinical	Social Justice	Academics/ Leadership	OT Resilience
Session 1	Session 12	Session 45	Session 11	Activity B – Keynote	Session 10	Session 1
Session 14	Session 60	Session 51	Session 13	Session 16	Session 17	Activity A
Session 15	Session 32	Session 55	Session 21	Session 26	Session 20	Activity B
Session 24	Session 42	Session 63	Session 23	Session 36	Session 27	Session 10
Session 25	Session 43	Session 74	Session 31		Session 30	Session 20
Session 34	Session 52		Session 33		Session 36	Session 23
Session 35	Session 53		Session 41		Session 40	Session 24
Session 44	Session 72				Session 41	Session 30
Session 54					Session 46	Session 40
Session 62					Session 47	
Session 73					Session 50	
					Session 57	
					Session 60	
					Session 61	
					Session 65	
					Session 70	
					Session 71	

March 5-7 | Virtual

WESTERN REGIONAL

2021 OT SPRING SYMPOSIUM RESILIENCE

CONTINUING EDUCATION

TWO FOR ONE

Look inside for details and how to get all of this for only **$139!**

*The Sponsorship Prospectus is available on the WROTSS website at **www.otaconline.org** under the Spring Symposium button.*

Why you should attend!

- Connect! Connect! Connect!
- Earn PDUs
- Friday Pre-Symposium Session
- 2-for-1 offers: $60 discount for OT/OTA *(see criteria on the Registration Form)*

Earn PDUs towards re-licensure requirements.

ATTENTION STUDENTS
Look for your special tuition fees.



Includes free mobile WROTSS app

Coming Soon

FOLLOW US

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#OTCommunity
#OTResilience

fb.me/WROTSS

LEARN FROM ANYWHERE CONNECT ON OUR COMMUNITY WALL



- Earn more PDUs for your dollar!
- Be safe from COVID-19!
- All your sessions available for 60 days!
- Save on travel costs!

Get the Discount!

Special "2-for-1" Two-Day Registration Rate - $139 each person (Students: $69 each student)

Members…You all know a colleague who is not a member.
Nonmembers…You all know a colleague who is a member, or two nonmembers can join together and take advantage of the "2-for-1" registration rate. So, members and nonmembers, get together and take advantage of this "2-for-1" offer.

Special "2-for-1" Two-Day Registration Rate—How It Works.

Registration forms and completed membership application form(s) for both individuals (same state) must be faxed, or mailed **together** to the WROTSS office and reach the office no later than February 24, 2021. " Two nonmembers may join and attend together and each receives this discount. This discount is in lieu of any other incentives/rewards offered by any participating state. Students can partner with another student to qualify. OT/OTAs **cannot** partner with a student for the discount. **Session 1 not included in this special.**

TWO FOR ONE

SAVE $60!

2021 WROTSS REGISTRATION FORM

1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____

Last Name _____ Credentials _____

Home Address _____

Home City/State/Zip _____

Phone Home (_____) _____ Work (_____) _____ Cell (_____) _____

Email _____ First Time Attendee ❑ Yes ❑ No

Who to contact in case of an emergency: (Name and cell phone) _____

PROGRAM SELECTION: This grid is offered for your convenience. No need to identify session to register.

FRIDAY (March 5)		SATURDAY (March 6)								SUNDAY (March 7)							
Session 1 1:00pm – 5:00pm		10	11	12	13	14	15	16	17	40	41	42	43	44	45	46	47
		20	21	22	23	24	25	26	27	50	51	52	53	54	55	56	57
		30	31	32	33	34	35	36		60	61	62	63	64	65		
										70	71	72	73	74			
ACTIVITIES	A-Welcome!	B-Keynote C & D-Zoom Rooms								E-Zoom Rooms							

2. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/Registration Fee below.

FEES INCREASE FEBRUARY 5, 2021	SAT./SUN.-Regular	SAT./SUN.-2-for-1	SAT. ONLY	SUN. ONLY
OT/OTA	$219	$139	$159	$159
OTS (Student-MOT or OTA)	$159	$89	$79	$79
ADD-ON: NON-OTAC MEMBER FEE/ NEW MEMBER DUES	OT: Add $135 to the fees above • OTA: Add $110 to the fees above • Students (MOT/OTA): Add $50 to the fees above. This add-on fee may qualify you for a 1-year membership. Submit a membership application.			

3. SUMMARY SECTION: Fill in and check all boxes ☑ that apply or your registration form is not complete and may be subject to additional fees.

❑ Registration Fee (from Section 3 above) $_____
If not a member of your state OT Association, Add-On Fee:
❑ Non-OTAC Member Fee (OT) $135 – (Submit Application) $_____
❑ Non-OTAC Member Fee (OTA) $110 – (Submit Application) $_____
❑ Non-OTAC Student Member Fee $50 – (Submit Application) $_____

Friday Pre-Symposium: Mindfulness and Healing

❑ Session 1 (Members $69/Nonmembers $89) $_____
❑ Registration received between 2/6/21-2/28/21 - $60 (Add) $_____
TOTAL (Check or use credit card) $_____

*Cancellation Fee: $50/Practitioners; $35 Students.
Must cancel in writing by February 24, 2021.

Questions? By website chat: www.otaconline.org
By Email: staff@otaconline.org

4. PAYMENT INFORMATION

Do not email your registration form with credit card information. Emails are not secure, please fax to the secure number listed below.

❑ AMEX ❑ MasterCard ❑ Visa ❑ Discover
❑ Check #_____ *(Payable to OTAC)*

Card Number _____ VCode* _____

Name of Cardholder _____ Exp. Date _____

Card Billing Address _____

City _____ State _____ Zip _____

Signature _____

**The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).*

5. SUBMIT REGISTRATION TO

Fax (916) 294-0415 - Secure Fax

Mail WROTSS, PO Box 276567, Sacramento, CA 95827-6567
Make checks payable to OTAC

OTAC
Occupational Therapy Association of California

6. KEEP A COPY FOR YOUR RECORDS

REGISTER ONLINE – HTTPS://SYMPOSIUM.OTACONLINE.ORG

March 5-7 | Virtual

WESTERN REGIONAL 2021 OT SPRING SYMPOSIUM

RESILIENCE

CONTINUING EDUCATION

MEMBERSHIP APPLICATION/SPECIAL - *Put OTAC to work for you!*

INDIVIDUAL MEMBER ONLY *Please Print or Type*

FIRST _____ MIDDLE INITIAL _____

LAST _____

ADDRESS _____

CITY/STATE/ZIP _____

HOME PHONE (_____) _____

CELL PHONE (_____) _____

PRIMARY EMAIL _____

LICENSE # _____

YEARS IN PRACTICE _____

NAME OF PERSON WHO REFERRED YOU _____

BIRTH YEAR (Optional) _____

STUDENTS ONLY

SCHOOL CURRENTLY ENROLLED _____

ANTICIPATED EXAM/GRAD DATE _____

EMPLOYER INFORMATION OF INDIVIDUAL MEMBER

COMPANY _____

DEPARTMENT/DIVISION _____

YOUR TITLE _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (_____) _____ EXT. _____

DIRECT LINE (_____) _____

FAX (_____) _____

MEMBERSHIP CATEGORY – SYMPOSIUM SPECIAL*

- ❒ OT/L, OTR/L, OT (Full-time/Part-time) [$135]*
- ❒ OTA, OTA/L, COTA, COTA/L (Full-time/Part-time) [$110]*
- ❒ OT/OTA STUDENT (Full-time/Part-time) [$50]
- ❒ ASSOCIATE (Non-OT only) [$125]*

ANNUAL DUES

PAY ON SYMPOSIUM REGISTRATION FORM

CIRCLE YOUR PRIMARY AREA OF PRACTICE

A. Academia
B. Mental Health
C. Pediatrics
D. Physical Disabilities
E. Wellness
F. Other

ARE YOU INTERESTED IN VOLUNTEER OPPORTUNITIES?

❒ YES ❒ NO

IMPORTANT NOTES ABOUT THIS OFFER!

- This membership special is for **nonmembers only**, and is valid for 12 months upon receipt of 2021 WROTSS Registration and this form.
- The Membership Application special ends April 30, 2021.
- The "2-for-1" Discount ends February 24, 2021. This means that after February 24, 2020 you will no longer be able to take advantage of the "2-for-1" Discount (but you have until April 30, 2021 to take advantage of the Membership Application Special).
- If you are taking advantage of the "2-for-1" Discount, all participating individuals must submit all applicable forms together.
  - o If paying by credit card, you may fax all forms to the OTAC office at (916) 294-0415.
  - o If paying by check, mail your forms to: OTAC • P.O. Box 276567, Sacramento, CA 95827-6567
  - o Make checks payable to OTAC.
- **QUESTIONS?** Call staff at (888) 686-3225, or email staff@otaconline.org

ABOUT YOUR DUES

Contributions or gifts to the Occupational Therapy Association of California (OTAC) are not tax deductible as charitable contributions for income tax purposes. However, they may be tax deductible as ordinary and necessary business expenses except that portion which is allocated to association lobbying activities. OTAC estimates that the non-deductible portion of your OTAC dues — the portion which is allocable to lobbying — is 5%. Five dollars of your dues (except Corporate) is a voluntary contribution to OTAC's Political Action Committee and may be deducted from the amount due.