

March 5-7 | Virtual

WESTERN REGIONAL
2021 OT SPRING SYMPOSIUM

RESILIENCE

C O N T I N U I N G E D U C A T I O N

SYMPOSIUM HIGHLIGHTS!

FRIDAY PRE-SYMPOSIUM: MINDFULNESS AND HEALING: Mini-Retreat (separate fee)

Rochelle McLaughlin, MS, OTR/L, MBSR, RYT

FRIDAY WELCOME: LOOKING AHEAD!

Wendy C. Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, AOTA President

SATURDAY KEYNOTE/FIRESIDE CHAT: OT Resilience in the Age of Disruption

Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA)

Frank Kronenberg, PhD, BScOT, BA, Ed (Cape Town/South Africa)

More than 50 sessions. Tracks include: behavioral and mental health/wellness, pediatrics/school-based practice, older adults, general practice, leadership, social justice, OT resilience, and academics.

Saturday and Sunday. Breakout networking Zoom rooms.

RESILIENCE



Lora Woo, OTD, OTR/L
California
WROTSS Chair

We are pleased to bring you the virtual 2021 Western Regional OT Spring Symposium (WROTSS). When seven states came together to collaborate on planning the initial WROTSS in Las Vegas last year, we envisioned a continuing education event that would bring high-quality, evidence-based, topical professional development to many in the west and beyond, while providing unique and intimate networking opportunities. Little did we know how fortuitous our keynote, *Occupational Therapy in the Age of Disruption*, would become just as we launched registration. WROTSS was the final large in-person gathering of OT practitioners before safe-at-home orders, social justice discord, and political intransigence erupted across the country. While it has been a year that we hope will not be repeated in our lifetime or that of

younger generations to follow, this past year has demonstrated above all else the resiliency of occupational therapy. Out of disruption can come forward motion. Resilience is defined as 'the capacity to recover quickly from difficulties.' Whether it's in our day-to-day clinical practice, educating our future professionals, or facing significant disruptions, occupational therapy practitioners have a resiliency that supports them well in their role as essential health care workers. We are pleased you are joining us this year as we celebrate our resiliency and look forward to new opportunities in the future.

ADDED VALUE

Access to ALL Sessions!



VIRTUAL HELP DESK HOURS

FRIDAY, MARCH 5
8:00AM - 6:15PM

SATURDAY, MARCH 6
8:00AM - 4:30PM

SUNDAY, MARCH 7
8:00AM - 4:30PM

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March 5-7 | Virtual

WESTERN REGIONAL
2021
OT SPRING
SYMPOSIUM

RESILIENCE

C O N T I N U I N G E D U C A T I O N

SESSION 1

Friday, March 5 – 1:00pm – 5:00pm (separate fee)

Mindfulness and Healing: A Mini-Retreat (4PDUs)

Rochelle McLaughlin, MS, OTR/L, MBSR, RYT



This webinar will offer evidence-based tools, practices, and techniques that enable participants to feel a greater sense of stability, strength, and resilience. Participants will learn to connect to their own inner resources to promote clarity and effective coping skills.

ACTIVITY A

Friday, March 5 – 5:30pm – 6:00pm

Welcome!

Join AOTA President Wendy C. Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, as she welcomes the profession to this collaboration of OT professionals from across the west and beyond and shares her perspective on OT resilience.



ACTIVITY B

Saturday, March 6 – 9:00am – 9:45am

Keynote/Fireside Chat: OT Resilience in the Age of Disruption

Michael Iwama, PhD, MSc, BScOT, BSChP (Massachusetts/USA)

Frank Kronenberg, PhD, BScOT, BA Ed (Cape Town/South Africa)

Disruption is often defined as that which causes radical change. This past year our country – and the world – has certainly experienced disruption. Last year these two keynote co-presenters and OT disruptors in their own right met on stage as provocateurs to inspire us to be positive disruptors in our practice settings – to reinvent our profession to face the future. Join us for this fireside chat as Michael and Frank reflect on the profession's resilience in the face of disruption.

Moderator: Bryant Edwards, OTD, MA, OTR/L, BCP, MPH

CONNECT IN OUR ZOOM ROOMS AND SYMPOSIUM VIRTUAL WALL!

ACTIVITY C

Networking Zoom Rooms

Saturday, March 6 | 11:45am – Noon

ACTIVITY D

Networking Zoom Rooms

Saturday, March 6 | 3:45pm – 4:15pm

ACTIVITY E

Networking Zoom Rooms

Sunday, March 7 | 12:30pm – 12:45pm

SYMPOSIUM VIRTUAL WALL

Network, connect, ask questions – 24/7

Watch for special engagement postings

PLAY OUR VIRTUAL GAME AND WIN PRIZES!

KEYNOTE/FIRESIDE CHAT CO-PRESENTERS



Michael Iwama,
PhD, MSc, BScOT, BSChP



Frank Kronenberg,
PhD, BScOT, BA Ed

Session 23
Saturday, March 6
12:15pm – 1:45pm

Session 16
Saturday, March 6
10:00am – 11:30am

VIRTUAL PROGRAM SCHEDULE-AT-A-GLANCE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDU's

FRIDAY, MARCH 5, 2021

8:00am — Friday Virtual Help Desk (closes at 6:15pm)

1:00pm – 5:00pm

- 1 Mindfulness and Healing: A Mini-Retreat (4 PDU's)
Rochelle McLaughlin, MS, OTR/L, MBSR, RYT

5:30pm – 6:00pm

- A AOTA President's Welcome – LIVE!
Wendy C. Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA

SATURDAY, MARCH 6, 2021

8:00am — Saturday Virtual Help Desk (closes at 4:30pm)

9:00am — B Keynote/Fireside Chat: OT Resilience in the Age of Disruption (.75 PDU's)

Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA)
Frank Kronenberg, PhD, BScOT, BA Ed (Cape Town/South Africa)

9:45am — ENJOY A BREAK! — Jump on the Community Wall!

10:00am

- 10 OT Practice: Demonstrating Resilience in the Face of Disruption (1.5 PDU's)
- 11 Thoracic Outlet Syndrome Across Practice Settings (1.5 PDU's)
- 12 Handwriting and Response to Intervention: Embed. Collaborate. Measure. Graduate! (1.5 PDU's)
- 13 The Power of Lifestyle Interventions Throughout Cancer Care (1.5 PDU's)
- 14 Implementing Performance-Based Cognitive Assessments in the Hospital Setting (1.5 PDU's)
- 15 Evidence-Based Self-Regulation Skills Training for Adolescents and Adults (1.5 PDU's)
- 16 A Love Supreme: Grappling with Systemic Racism in OT (1.5 PDU's)
- 17 Transitioning from Clinician to Academic (1.5 PDU's)

11:30am — LUNCH BREAK (ends at 12:15pm)

11:45am — Activity C NETWORKING ZOOM ROOMS (ends at noon)

12:15pm

- 20 Transforming OT Post-Pandemic: Expanding Practice and Engagement (1.5 PDU's)
- 21 Motivational Interviewing for Individuals with Persistent Pain (1.5 PDU's)
- 22 Occupational Therapy in Pediatric Mental Health: Dual Diagnoses and Interdisciplinary Care (1.5 PDU's)
- 23 The River Flows Despite COVID-19: An Occupational Therapy Perspective on Resilience and Hope in the Age of Social Disruption (1.5 PDU's)
- 24 Occupational Resilience: A New Construct and Its Measurement (1.5 PDU's)
- 25 Bringing Sensation to Life in Substance Use Treatment (1.5 PDU's)
- 26 Racism in the Context of Human Occupation (1.5 PDU's) (not being recorded)
- 27 Developing Competencies for a Health and Wellness Course (1.5 PDU's)

1:45pm — ENJOY A BREAK! — Jump on the Community Wall!

2:00pm

- 30 Occupational Therapy Practitioners Support Preparations for Disasters and Emergencies (1.5 PDU's)
- 31 Clinical Reasoning: Occupational Therapy Sleep Assessments and Interventions (1.5 PDU's)
- 32 An "Alternative-for-Suspension" for 3-Tier Students: Call for OT (1.5 PDU's)
- 33 IDD and Dementia: Intervention Through Occupation (1.5 PDU's)
- 34 Mental Health OT for Adults with Intellectual Disability (1.5 PDU's)
- 35 Utilizing Therapeutic Use of Self for Treatment Resistant Patients (1.5 PDU's)
- 36 Promoting Occupational Justice in Occupational Therapy Fieldwork (1.5 PDU's)

3:45pm — Activity C NETWORKING ZOOM ROOMS (ends at 4:15pm)

SUNDAY, MARCH 7, 2021

8:00am — Sunday Virtual Help Desk (closes at 4:30pm)

9:00am

- 40 Navigating Unexpected Change: The Evolution of a Profession (1.5 PDU's)
- 41 Engagement in Occupations During COVID-19: Academia to Private Practice (1.5 PDU's)
- 42 Occupational Therapy in the Foster Care System (1.5 PDU's)
- 43 SEL and Movement: Supporting Students Amidst a Pandemic (1.5 PDU's)
- 44 Lifestyle Medicine and Occupational Therapy: A Natural Fit (1.5 PDU's)
- 45 Fostering Independent Living Seniors' Wellness: Occupational Therapy's Unique Role (1.5 PDU's)
- 46 Maximizing Student Learning in Remote, Role-Emerging Level II Fieldwork (1.5 PDU's)
- 47 Fieldwork Educators' Guide to Successful Fieldwork Programming (1.5 PDU's)

REGISTRATION BONUSES!

All registration combinations include AOTA President's Welcome and Keynote/Fireside Chat on Friday, March 5.

Each day(s) registration includes all the sessions for that day(s). All of your qualifying sessions will be available for 60 days following the close of the Symposium, beginning Monday, March 15, 2021 through Friday, May 17, 2021.

Make your registration selections within the WROTSS Socio platform to receive reminder notifications about your sessions. Selecting sessions in advance also builds your customized agenda for easy viewing and reference.

VIRTUAL PROGRAM SCHEDULE-AT-A-GLANCE

Most sessions will be pre-recorded with live Q&A with the presenter(s)

EARN PDU's

10:30am — ENJOY A BREAK! — Jump on the Community Wall!

10:45am

- 50 OTAs in Research (1.5 PDU's)
- 51 Establishing Effective Outcomes in a Neurologic Outpatient Rehabilitation Program (1.5 PDU's)
- 52 Establishing Occupational Therapy's Role in Foster Care Hub (1.5 PDU's)
- 53 Navigating Difficult Conversations with Families of Special Needs Children (1.5 PDU's)
- 54 Role of Occupational Therapy in Street-Based, Homeless Healthcare (1.5 PDU's)
- 55 Everything Old is New Again: Reminiscence in ADC (1.5 PDU's)
- 56 OT and OTA FWII: Clubhouse International Site Collaboration (1.5 PDU's)
- 57 Navigating an Online Learning Environment with ADHD (1.5 PDU's)

12:15pm — LUNCH BREAK (ends at 1:00pm)

12:30pm — Activity E NETWORKING ZOOM ROOMS (ends at 12:45pm)

1:00pm – 2:30pm

- 60 The NBCOT® Disciplinary Action Program: Serving Public Interest Throughout Your Professional Career (1.5 PDU's) (not being recorded)
- 61 An OTPF Goals Approach to Career Development (1.5 PDU's)
- 62 Deepening Your Practice with the Kawa Model (1.5 PDU's)
- 63 Occupational Therapy and Quality Measures in Long-Term Care (1.5 PDU's)
- 64 Supporting College Students During the Pandemic (1.5 PDU's)
- 65 Socially-Distant and Socially-Constructed: An Inter-Institutional Faculty Learning Community (1.5 PDU's)

2:30pm — ENJOY A BREAK! — Jump on the Community Wall!

2:45pm

- 70 NBCOT®: Maintaining Certification and Competency (1.5 PDU's) (not being recorded)
- 71 Fostering Intraprofessional Collaboration (1.5 PDU's)
- 72 Teletherapy in Practice: Connecting, Assessing, Treating, and Coaching (1.5 PDU's)
- 73 Increased QOL with OT for Formerly Homeless Women (1.5 PDU's)
- 74 Bringing "Life" into End-of-Life Care (1.5 PDU's)

4:15pm — THANK YOU FOR JOINING US!
See you next year!

4:30pm — VIRTUAL HELP DESK CLOSES

SYMPOSIUM SPONSORS



VIRTUAL PROGRAM SCHEDULE-AT-A-GLANCE

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EARN PDUs

FRIDAY, MARCH 5, 2021

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1:00pm	1 – Mindfulness and Healing: A Mini-Retreat (4 PDUs) Rochelle McLaughlin, MS, OTR/L, MBSR, RYT (ends at 5:00pm)
5:30pm	AOTA President's Welcome – LIVE! Wendy C. Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA
6:00pm	SEE YOU TOMORROW!

SATURDAY, MARCH 6, 2021

8:00am	Saturday Virtual Help Desk (closes at 4:30pm)									
9:00am	Keynote/Fireside Chat: OT Resilience in the Age of Disruption (.75 PDUs) Michael Iwama, PhD, MSc, BScOT, BScHP (Massachusetts/USA) Frank Kronenberg, PhD, BScOT, BA Ed (Cape Town/South Africa)									
9:45am	ENJOY A BREAK! — Jump on the Community Wall!									
10:00am	10 OT Practice: Demonstrating Resilience in the Face of Disruption (1.5 PDUs)	11 Thoracic Outlet Syndrome Across Practice Settings (1.5 PDUs)	12 Handwriting and Response to Intervention: Embed. Collaborate. Measure. Graduate! (1.5 PDUs)	13 The Power of Lifestyle Interventions Throughout Cancer Care (1.5 PDUs)	14 Implementing Performance-Based Cognitive Assessments in the Hospital Setting (1.5 PDUs)	15 Evidence-Based Self-Regulation Skills Training for Adolescents and Adults (1.5 PDUs)	16 A Love Supreme: Grappling with Systemic Racism in OT (1.5 PDUs)	17 Transitioning from Clinician to Academic (1.5 PDUs)		
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2:30pm	ENJOY A BREAK! — Jump on the Community Wall!							
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4:15pm	THANK YOU FOR JOINING US! See you next year!							
4:30pm	VIRTUAL HELP DESK CLOSES							



PRACTICE AREA TRACKS

EARN
PDU's

Behavioral and Mental Health/Wellness	Pediatrics/School-Based Practice	Physical Disability/Older Adults	General Practice/Clinical	Social Justice	Academics/Leadership	
Session 1	Session 12	Session 33	Session 11	Activity B – Keynote	Session 10	Session 50
Session 14	Session 22	Session 45	Session 13	Session 16	Session 17	Session 56
Session 15	Session 42	Session 51	Session 21	Session 26	Session 20	Session 57
Session 22	Session 43	Session 55	Session 23	Session 36	Session 27	Session 60
Session 24	Session 52	Session 74	Session 31		Session 30	Session 61
Session 25	Session 53	Session 63	Session 33		Session 36	Session 64
Session 33	Session 72		Session 41		Session 40	Session 65
Session 34					Session 41	Session 70
Session 35					Session 46	Session 71
Session 44					Session 47	
Session 54					OT Resilience	
Session 62					Session 1	Session 23
Session 73					Activity A	Session 24
					Activity B	Session 30
					Session 10	Session 40
					Session 20	

LEARN FROM ANYWHERE CONNECT ON OUR COMMUNITY WALL!



- Earn more PDUs for your dollar!
- Be safe from COVID-19!
- All your sessions available for 60 days!
- Save on travel costs!