

How Ready Are You and Your Clients?




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Dr. Mary Schmitz, OTD, OT/L
Dr. Susan Skees Hermes, OTD, OTR/L, BCP
Dr. Mariana D'Amico, EdD, OTR/L, FAOTA

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OBJECTIVES



- Discuss available research and AOTA documents about the Distinct Value of the OT role in Emergency and Disaster Readiness
- Apply strategies for OT interventions by integrating the 4 phases for emergency management while comparing/contrasting Emergency and Disaster application for OT
- Develop actionable plans for practice settings and generate personal emergency plans
- Reflect upon 3 levels for integration and application (institutional, practitioner, client)

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PREPAREDNESS: YOURS

- Complete Pre-Presentation Survey



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DEFINING DISASTER

- Non-routine
- Need exceeds capabilities
- Requires resources
- Multi-agency
- Human suffering
- Property damage
- Disruption




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**2011 AOTA Concept Paper:
The Role of Occupational Therapy in
Disaster Preparedness, Response,
and Recovery**

KEY POINTS TO CONSIDER

- Support
- Promote
- Resume
- Maladaptation
- Reflect



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**2011 AOTA'S CONCEPT PAPER:
VALUE OF OCCUPATION**

- Meaningful roles
- Routines
- Health & Wellness
- Connection



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ACTIVITY 1: PERSONAL PLAN

CREATE A
PERSONAL PLAN
OF ACTION
FROM THE
FEMA TEMPLATE



ACTIVITY 1: (15 MIN)


SHARE AND DISCUSS



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UPDATES & CHALLENGES SINCE 2011


AOTA-

- Occupational Therapy in the Promotion of Health and Well-Being (2013) 
- Philosophical Base of Occupational Therapy (2017)
- AOTA's Societal Statement on Disaster Response and Risk Reduction (2017)
- AOTA's Societal Statement on Stress, Trauma, and Posttraumatic Stress Disorder (2018)

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UPDATES & CHALLENGES SINCE 2011

WFOT-

- Course based upon *Disaster and Development An Occupational Perspective* (Rushford & Thomas, 2015) 
- Position Statement Occupational Therapy in Disaster Risk Reduction (DRR) (2016)

"...participation in occupation is an essential element for everyone involved..."

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WHY OT NEEDED?

MODEL-

- PEO/ PEO-P (Person-Environment-Occupational-Performance)

DISTINCT VALUE-

- Meaningful
- Core



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WHY OT NEEDED?

OTPF-3


- Client Factors
- Participation
- Modifications/Adaptations
- Client centered
- Occupations
 - Safety & Emergency Maintenance
- Roles, habits, routines, rituals
- Individual, community, society



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VULNERABLE POPULATIONS

- Children
- Physically & Intellectually Disabled
- Elderly
- Disparities of Socio-economic & Educational



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MENTAL HEALTH READINESS


- Resilience training
- SAMHSA- Steps against retraumatization
- Steps for those with Autism, other sensory
- Compassion fatigue
- Discussion



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EMERGENCY MANAGEMENT

4 PHASES:



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TECHNOLOGY

- WHO?
- WHY?
- WHEN?
- WHERE?
- HOW?



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COMMUNICATION RESOURCES

LOCAL **NATIONAL**

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ACTIVITY 2: SMALL GROUPS TREATMENT PLANNING

- Group #1: Home Health Care
- Group #2: Acute Inpt
- Group #3: IRF
- Group #4: SNF
- Group #5: Inpt Behavioral Health Unit
- Group #6: Outpatient Department
- Group #7: School-based
- Group #8: Academia



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ACTIVITY 2: SMALL GROUPS REPORTING


- Group #1: Home Health Care
- Group #2: Acute Inpt
- Group #3: IRF
- Group #4: SNF
- Group #5: Inpt Behavioral Health Unit
- Group #6: Outpatient Department
- Group #7: School-based
- Group #8: Academia



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PREPAREDNESS: YOURS

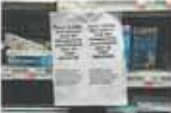
- September- National Preparedness Month
- HOME
- WORK
- COMMUNITY



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WHAT DO WE DO NOW?

- Yourself and your family (Home, Family, Personally)
- Your practice (Clients/Students, Work, Interventions, Professionally)
- Within your community (Populations, Globally)
- Current opportunities



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PREPAREDNESS: YOURS

- COMPLETE POST SURVEY


Disaster Preparedness



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CONCLUDING THOUGHTS

- Community Emergency Response Team (CERT) Through FEMA
- State Volunteering With OT Licensure
- Regional or National
 - ADA Regional Organizations
 - Red Cross Regional Teams



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CONCLUDING THOUGHTS

- What are your "takeaways?"
- What have you already been doing?
- Alternative treatment opportunities
- Consider a "bigger role"->See us!



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REVIEW OBJECTIVES

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TAKE AWAY RESOURCES

- > WFOT [WEBSITE](#)
- > AOTA [DISASTER POSITION STATEMENT](#)
- > CDC [PERLC](#)
- > FEMA [HOME](#)
- > ADA PRESENTATIONS - [DISASTER RESPONSE FOR POST RECOVERY](#)
- > NAMI - [PTSD RESOURCES](#)
- > SAMSHA - [DISASTER RESPONSE TOOLKIT & TIPS FOR SURVIVORS](#)

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CONTACT INFORMATION

- Mary Schmitz, OTD, OT/L
marypediatricot@gmail.com
- Susan Skees Hermes, OTD, OTR/L, BCP
susan.skeeshermes@eku.edu
- Mariana D'Amico, EdD, OTR/L, FAOTA
mdamico@nova.edu



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"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

-Margaret Mead-

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