

Structural Awareness in Indigenous Health Care for OT Practitioners

Learning Objectives:

- Understand how history impacts social determinants of health for Indigenous populations
- Identify how structural systems influence health outcomes for Indigenous populations
- Analyze how structural barriers impact health for Indigenous populations



Key Terms:

- Social Determinants of Health (SDOH): “Conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks” (Healthy People, n.d.).
 - Domains: Economic stability, Education access and quality, Healthcare access and quality, Neighborhood and built environment, Social and community context
- Cultural Safety: “Cultural safety involves a sociopolitical overview of practice; a critical awareness of the structures and processes that systematically marginalize people within society” (Jungersen, 2002).
- Upstream: Macro level, systems, government policies, social structures
- Downstream: Micro level of individuals and families

References:

- Jungersen, K. (2002). Cultural safety: Kawa Whakaruruhou --an occupational therapy perspective. *New Zealand Journal of Occupational Therapy*, 49(1), 4-9.
- U.S. Department of Health and Human Services. (n.d.). *Social Determinants of Health-Healthy People 2030*. Retrieved from <https://health.gov/healthypeople/priority-areas/social-determinants-health>.

Case Study



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Resources



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