



WESTERN REGIONAL  
**2020 OT SPRING  
SYMPOSIUM**

CONTINUING EDUCATION

March 6-8 | Las Vegas, NV

Tuscany Suites and Casino  
255 E. Flamingo Road • Las Vegas, NV 89169



## WELCOME!

We are pleased to welcome you to the 2020 Western Regional OT Spring Symposium. This Symposium offers a rich choice of sessions, networking opportunities, and updates on legislative and regulatory issues.

We applaud you for taking the time from your busy schedules to join us in growing professionally and personally. Thank you as well for recognizing the value of our professional development programs. We believe this is great content at a great value. OT associations work for you!

Please help us in thanking our Symposium presenters, sponsors, and advertisers. Without their support and generosity, we would not be able to bring you this professional development event. Thank you also to our volunteers and staff for their hard work on this Symposium.

Again, welcome to this premier professional development Symposium. We are glad that you have joined us.

*Valerie Adams, MA, OTR/L (Arizona)*  
*Lora Woo, OTD, OTR/L (California)*  
Co-Chairs, WROTSS Committee

## KEYNOTE ADDRESS

Session 10 • Saturday, March 7 – 8:00am – 9:00am  
Occupational Therapy in the Age of Disruption



Michael Iwama,  
PhD, MSc, BScOT, BScHP



Frank Kronenberg,  
PhD, BScOT, BA Ed

## INDIVIDUAL SESSIONS

Michael Iwama,  
PhD, MSc, BScOT, BScHP

**Session 54**  
Sunday, March 8  
8:15am – 11:30am

Frank Kronenberg,  
PhD, BScOT, BA Ed

**Session 35**  
Saturday, March 7  
1:45pm – 5:00pm

## GOLD SPONSORS



# PROGRAM SCHEDULE

Daylight Savings starts 2:00am  
Sunday, March 8

## FRIDAY, MARCH 6, 2020

	Florentine E	Firenze	Siena
11:00am – 7:30pm • Registration – Florentine Foyer			
12:00pm – 3:15pm	<b>1</b> Addressing Eating Routines to Enhance Function and QOL (3 PDUs)	<b>2</b> How Can I OT in this Health Care Climate? (3 PDUs)	<b>3</b> Effective Technologies and Strategies for Maximum K-12 Independence (6 PDUs)
3:15pm – 6:30pm	<b>4</b> Aging on the Go: Community-Based Fall Prevention (3 PDUs)	<b>5</b> Preventing Burnout and Cultivating Leadership Using the OT Practice Framework (3 PDUs)	
6:30pm – 7:30pm	Activity A – WROTSS Welcome Reception with special guests Michael Iwama and Frank Kronenberg Florentine B		



Department of Occupational Therapy



Northern Arizona University's (NAU) entry level Occupational Therapy Doctorate Program is seeking a 12-month, tenure-track faculty member. Students in the NAU Occupational Therapy

program are being prepared to be transformative practice scholars with entry-level doctoral competencies for practice and leadership. The department is looking for applicants who have an established research agenda with a record of publications and grant writing. Preferred qualifications include experience or interest in mentoring faculty in research and grant writing, and teaching expertise in mental health, administration, leadership, and health policy.

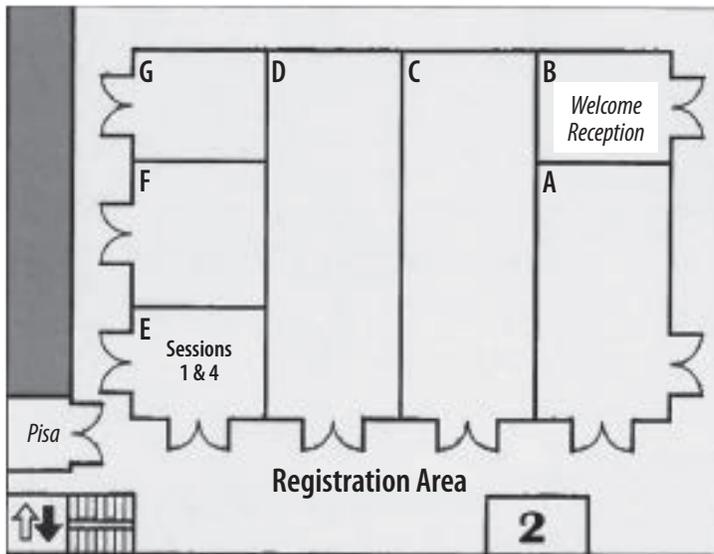


Please see [nau.jobs](http://nau.jobs) or use the QR code for full job descriptions and details on how to apply online!

NAU is an Equal Opportunity/Affirmative Action Institution. Women, minorities, veterans and individuals with disabilities are encouraged to apply.

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## BRONZE SPONSORS



Florentine Rooms  
A - B - C - D - E - F - G



2. Business Center

Elevators

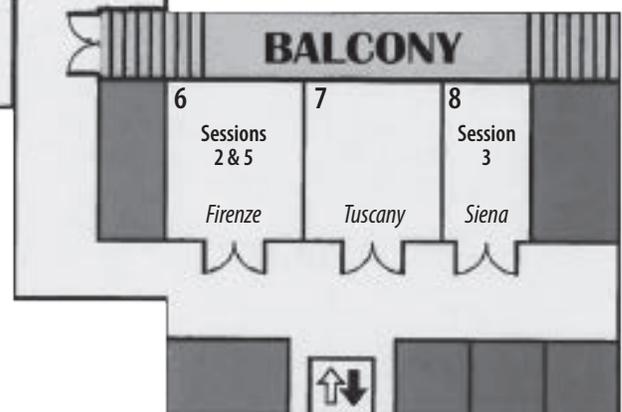
Escalators

## Tuscany Suites & Casino 2nd Floor Conference Center

### WIRELESS INTERNET

Free wireless Internet access in:  
Hotel Lobby | All Meeting Areas  
Piazza Lounge | Cafe Bottega

Find the network:  
CONVENTIONS

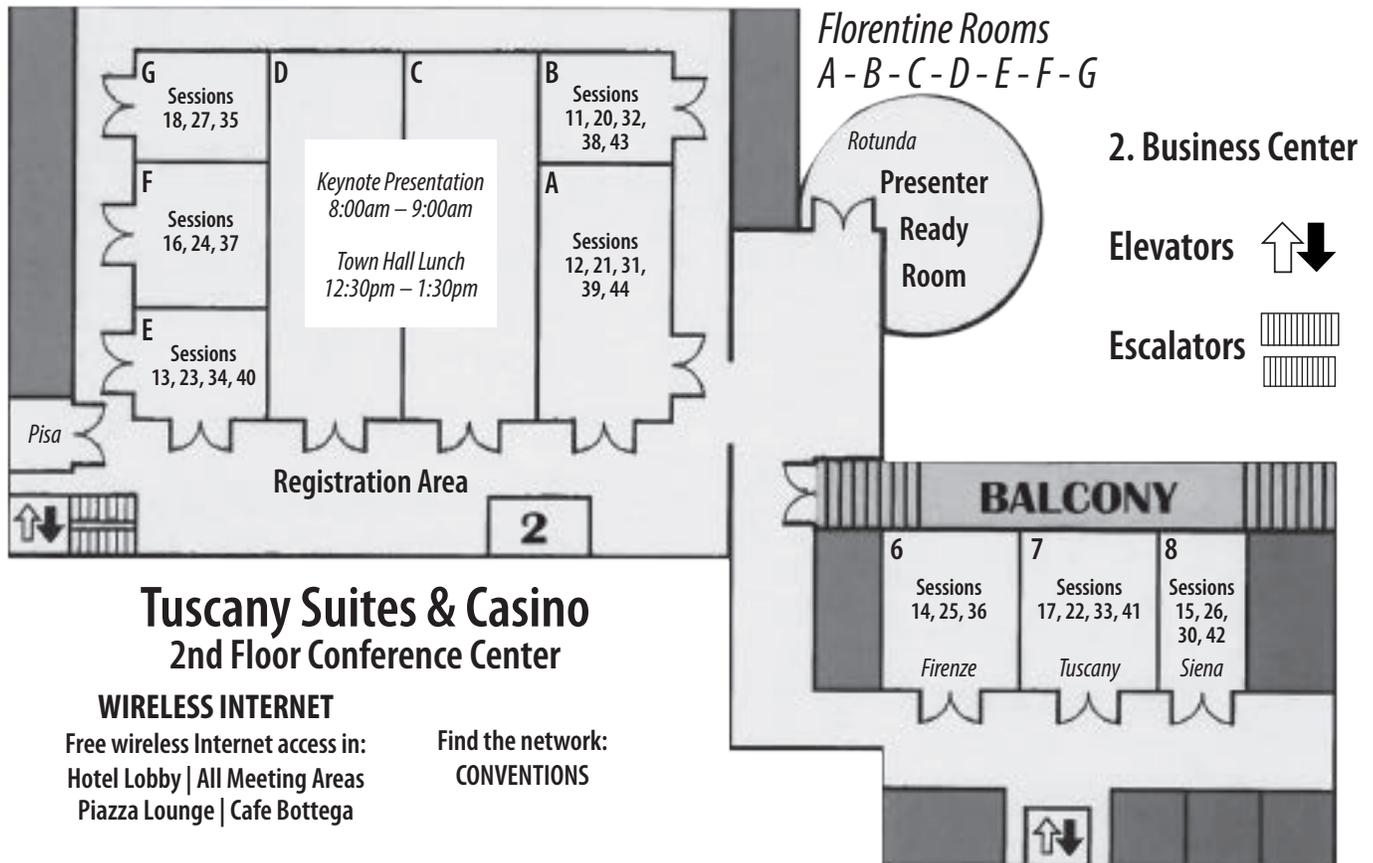


# PROGRAM SCHEDULE

Daylight Savings starts 2:00am  
Sunday, March 8

## SATURDAY, MARCH 7, 2020

	Florentine A	Florentine B	Florentine E	Florentine F	Florentine G	Firenze	Tuscany	Siena
7:00am – 5:30pm • Registration – Florentine Foyer								
7:30am – 8:00am • Activity B – Mind Body Activity: Easy Tai Chi/Yoga (No PDUs) – Florentine A								
8:00am – 9:00am • Session 10 Keynote: Occupational Therapy in the Age of Disruption (1 PDU) – Florentine C/D								
9:15am – 10:15am	<b>12</b> OT Practice in Pediatric Primary Care (1 PDU)	<b>11</b> OT in a Continuum of Care for Homelessness (1 PDU)	<b>13</b> Making the Jump to Telehealth in the Schools (1 PDU)	<b>16</b> Spirituality and OT: Where Is Our Spirituality? (1 PDU)	<b>18</b> OT Needs in the Emergency Department (1 PDU)	<b>14</b> Establishing OT Services in Public Behavioral Health (1 PDU)	<b>17</b> Environmental Factors of Obesity: It's Not Just Food (1 PDU)	<b>15</b> Integrating Occupational Science and Narrative into OT (1 PDU)
10:30am – 12:30pm	<b>21</b> Easy Ways to Adapt Clothing for Children and Teens (2 PDUs)	<b>20</b> Post-Hospital Geriatric Primary Care Integrates OT and Pharmacy (2 PDUs)	<b>23</b> Evidence-Based Literature to Support Dysphagia Intervention (2 PDUs)	<b>24</b> Management of Hand Burns in Acute Care Setting (2 PDUs)	<b>27</b> A Generalist Specialty: OT in Primary Care (2 PDUs)	<b>25</b> How Ready Are You and Your Clients? (2 PDUs)	<b>22</b> Therapeutic Strategies for Promoting Wellness in Children (2 PDUs)	<b>26</b> Gardens: Therapeutic, Leisure Exploration, and Life Skills (2 PDUs)
12:30pm – 1:30pm • Activity C – Town Hall Lunch – Florentine C/D								
1:45pm – 2:45pm	<b>31</b> Childhood Occupations: More Than School and Play (1 PDU)	<b>32</b> Beyond Stigma: "Othering" and "Sanism" in Mental Health (1 PDU)	<b>34</b> The Art and Science of Inspirational Storytelling (1 PDU)	<b>37</b> Oncology Toolbox: Occupational Engagement from Diagnosis and Beyond (3 PDUs)	<b>35</b> A Jam Session: Reinventing Ourselves in the Age of Disruption (3 PDUs)	<b>36</b> Conservative Management for Thumb CMC Osteoarthritis (3 PDUs)	<b>33</b> Animal-Assisted Therapy on a Special Treatment Program (1 PDU)	<b>30</b> Innovative Use of Nordic Walking Poles (1 PDU)
3:00pm – 4:00pm	<b>39</b> Educational OT Manual: A Resource (1 PDU)	<b>38</b> Defining OT's Role in Heart Failure Self-Management (1 PDU)	<b>40</b> Concussion Management and Treatment: A Multidisciplinary Team Approach (2 PDUs)				<b>41</b> CBT: OT's Tool Kit for Mental Health (2 PDUs)	<b>42</b> Wayfinding Dysphagia: Mentoring New Practitioners Toward Clinical Expertise (2 PDUs)
4:15pm – 5:15pm	<b>44</b> OT Framework for Foster Care (1 PDU)	<b>43</b> LGBT Seniors (1 PDU)					ends at 5:00pm	ends at 5:00pm



# PROGRAM SCHEDULE

Daylight Savings starts 2:00am  
Sunday, March 8

SUNDAY, MARCH 8, 2020

	Florentine A	Florentine B	Florentine E	Florentine F	Florentine G	Firenze	Tuscany	Siena
7:00am – 5:00pm • Registration – Florentine Foyer								
7:30am – 8:00am • Activity D – Mind-Body Activity: Easy Tai-Chi/Yoga (No PDUs) – Florentine D								
8:15am – 9:15am	54 OT Practitioners: Masters of Disruption and Flow (3 PDUs)	55 Teens with ADHD: Factors Associated with Driving Errors (3 PDUs)	56 The California Tri-Pull Taping Method for Shoulder Subluxation (3 PDUs)	51 Lifestyle Management for Post-Concussion (1 PDU)	52 OT Approaches in Early Addiction Recovery (1 PDU)	57 The Opioid Crisis and Role of Occupational Therapy (3 PDUs)	53 AOTA/NBCOT OT Licensure Compact Initiative (1 PDU)	50 Using Habits to Promote Healthy Behaviors (1 PDU)
9:30am – 10:30am				60 Developing a Protocol for Managing Surgical Lymphedema Patients (2 PDUs)	61 Domestic Violence and Its Impact on Health: The Role of OT (2 PDUs)		58 Showing our Distinct Value in Value-Based Reimbursement (1 PDU)	59 Fatigue Management Interventions: From Patient Education to Carryover (2 PDUs)
10:45am – 11:45pm				ends at 11:30am	ends at 11:30am		ends at 11:30am	ends at 11:30am
12:00pm – 1:00pm • Activity E – Hot Topic Networking Lunch – Florentine C/D								
1:15pm – 2:15pm	75 Homelessness: OT Interventions for a Public Health Crisis (1 PDU)	72 Aquatic Developmental Play Program for Children (1 PDU)	71 Occupational Practitioner-Led Support Groups in Lifestyle Medicine (1 PDU)	70 Promoting Evidence-Based Practice through PEP Resource Guide (1 PDU)	76 Creating a Capstone Program in Your Practice Setting (1 PDU)	77 What Autistic Adults Need But Cannot Tell You (3 PDUs)	73 Redefining Support for Families of Children with Autism (1 PDU)	74 Diabetes Management in a Primary Care Clinic (1 PDU)
2:30pm – 3:30pm	81 A Holistic Approach to Treating Trauma in Children (2 PDUs)	83 Scapular Dyskinesia: Implications for Practice Across Settings (2 PDUs)	78 Earth, Wind, and Fire! Preparing Clients for Disasters (1 PDU)	79 Occupational Therapy's Role in Foster Care Hub (1 PDU)	80 Speak Up! (2 PDUs)		84 Transitioning from Clinician to Academic (2 PDUs)	82 Behavior-Based Assessment and Intervention in MS (2 PDUs)
3:45pm – 4:45pm	ends at 4:30pm	ends at 4:30pm	86 Understanding ALS (1 PDU)	85 Curating TEDx Events (1 PDU)	ends at 4:30pm		ends at 4:30pm	ends at 4:30pm

