



Effective Technologies and Strategies for Maximum K-12 Independence

Bridgette Nicholson
Occupational Therapist
Assistive Technology Consultant

www.powerofatech.info/2020wrotss

Bridgette Nicholson OTR/L
Occupational Therapist
Assistive Technology Consultant

OT and AT over 33 years

Excited about new technology and the opportunities it creates for all children!

AT support for presentations
www.powerofatech.info/

AT writing evaluation
typingtraining.com
Provided to attendees

Loving my young adult kids stage, addicted to outdoors, long bike rides, kayaking, camping, hiking, the beach!, friends and laughter.



Today:

Collaboration and Discussion

Movement and Flexible Positions

YOU?




Research and Supporting Information

Supporting Information and References for Presentations

By Bridgette Nicholson, Occupational Therapist/Assistive Technology Consultant
www.powerofatech.info/

001	Supported eText: Effects of Text-to-Speech on Access and Achievement for High School Students with Disabilities. 2009; Izzo, M.V., Yurick, A., & McAnell, B. Journal of Special Education Technology, Vol.24, Issue 3. http://www.natetech.org/resources
002	NATE NETWORK - Connecting Assistive Technology Specialists in Education: Assistive Technology Research Summary http://www.natetech.org/resources
003	NAEP assessments http://www.nepmathstand.org/
004	Overview of Assistive Technology Research http://www.natetech.org/resources
005	Handwriting Movement Justification for the Rehabilitation of Dysgraphia http://www.scribentally.com/resources/2011/01/10/119009434.htm

<https://www.powerofatech.info/links>

www.powerofatech.info



CONTENTS

<p>INTRODUCTION & OVERVIEW</p> <p>MOTOR FUNCTIONING</p> <ul style="list-style-type: none"> Multisensory learning Rhythm, sound and movement Flexible seating Mobility and Stability Physical Access 	<p>SOcial EMOTIONAL</p> <ul style="list-style-type: none"> Engagement Motivation and Confidence <p>EXECUTIVE FUNCTIONING</p> <ul style="list-style-type: none"> Multimedia Learning 	<p>ACADEMICS</p> <ul style="list-style-type: none"> Reading Writing <p>TRANSITION</p> <p>DATA & PROGRESS MONITORING</p>
--	--	--

Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

OCCUPATIONAL THERAPY in K12 environments



COLLABORATION



Roles and Responsibilities
Evidence Based Implementation

Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

MOTOR FUNCTIONING



- Sensory needs**
- Multisensory learning**
- Rhythm, sound, movement**
- Flexible seating**
- Mobility and Stability**
- Coordination**
- Endurance**
- Muscle tone**
- Strength**

Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

MOTOR FUNCTIONING

- Motor readiness and availability for learning
- Access to equipment and environment
- Assistive Technology



Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

Multisensory learning



**Rhythm
Sound
Movement
Vision
Patterns
Repetition**



Rhythm and Music Motor Activities



Music for rhythm activities

[Los Minions Electronica](#)
[Bongo Cat plays "Havana" ft. Toy Chicken](#)
[Crazy frog](#)
[Robot Little - Incoming Call](#)
[Hippo jungle song](#)
[Madagascar 2](#)
[The Bare Necessities](#)
[J.Geco - Chicken Song](#)
[The Crazy Frogs - The Ding Dong Song](#)
[Roller babies gangnam style](#)
[Minions - papaya \(electronica\)](#)
[Animoji We Will Rock You](#)
[Tones And I - Dance Monkey](#)



Flexible seating

Creative positioning Alternate postures
Dynamic postures



Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

Flexible seating



Benefits and reasons

- Sensory and movement
- Sensory diet or program
- Physical comfort
- Motor needs
- Posture, positioning
- Endurance
- Habituation
- Social and Interaction
- Collaboration
- Informal versus formal
- Student choice and control
- Behavior
- More options for alternate methods of work
- Highly individual, reduced isolation of individual students with unique needs
- Developing healthy work habits

Flexible seating

- Group vs. Individual options
- Adding sensory options
 - Theraband
 - Bungee
 - Weighted pads and animal beanbags
 - Slings
 - Swings
 - Slant boards
 - Alternate or therapeutic seating
 - Weighted fidget tools



MOTOR FUNCTIONING and ACCESSIBILITY

High Incidence Ss



Low Incidence Ss



Accessibility

Physical control and access

- Technology
- Communication
- Learning
- Materials
- Environment
- Socialization



Accessibility



Mac computers
Windows Computers
Handheld devices



Accessibility

Seating and Positioning:
Describe Seating and Positioning:

 Height adjustable table Wrist rest
 Inflatable wedge for seating Arm support
 Memory foam wedge for seating Keyguard
 Flexible or alternate positioning Keycaps
 Adjustable keyboard mount or tray (angle and/or height)

(unspecified)

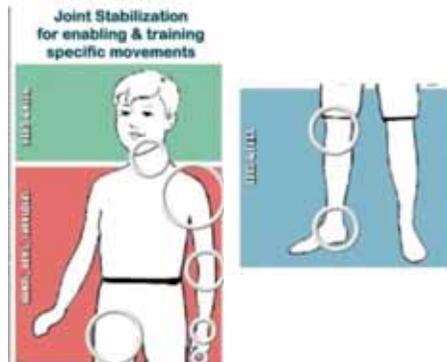
QWERTY - hardware
QWERTY - on-screen
Frequency of use - hardware
Frequency of use - on-screen
On-screen AAC language or layout
Enlarged keyboard
Mini keyboard
Adapted keyboard
Other



Mobility and Stability

Proximal stability

Distal mobility
and function



Adaptive Access for Students with Complex Needs

Access methods for complex needs

Alternate keyboards
including AAC devices
Alternate pointing
devices with on-screen
keyboards



[View video](#)

AAC device controlling iPad
Computer control
Mouse movement and
macros



[View video](#)

Joystick controlling iPad
Adaptive Joystick
iPad Assistive Touch



Adaptive Access for Students with Complex Needs

Seating and Positioning

Student's body

Movement and control

Vision

Sensory

Setup for successful access

Determine access method

Key points of control

Physical setup



Adaptive Access for Students with Complex Needs

Environmental set up

Mounting and placement

Vision and hearing

Educational materials/supports



Adaptive Access for Students with Complex Needs

Positioning for Access

(Student photos used with parent permission)



Adaptive Access for Students with Complex Needs

Positioning for Access

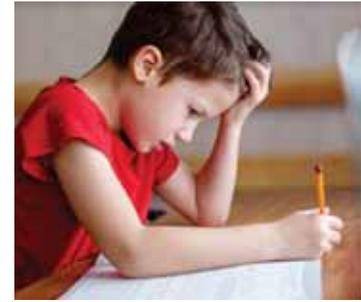


Adaptive Access for Students with Complex Needs

Positioning for Access



Social Emotional



Engagement

- Buddy work
- Peer demo
- Role play
- Modeling



Engagement

- Buddy work
- Peer demo
- Role play
- Modeling



Engagement

High Interest

Low Cognitive Load

Quick and Easy

Awesome Products

Creating Content with meaning and purpose

Bypass mechanical and challenges of writing



Cognitive engagement grows when classrooms look less like worksheets and assessments and more like places of personalized reading and writing with large, in-class libraries, regular student publication, and high levels of student interaction.

Karen Erickson, David Koppenhaver
Comprehensive Literacy for All: Teaching Students with Significant Disabilities to Read and Write

#kindlequotes

Motivation and Confidence



OT role with social emotional issues in different environments.

Motivation and Confidence



True multimedia strategies to improve confidence and motivation

SIMPLE
EFFECTIVE

Executive Functioning

Time management and planning
Calendars
To-do and tasks
Reminders and cues
Timers
Checklists

Management of materials
Environment

Technology and digital management
Assignments
Organizing information
Graphic organizers
Note-taking



Executive Functioning



Google Calendar color coding

Multimedia Learning



READING

Additional information:
/sh/ is spelled 13 different ways in the English language!

Initial	Medial	Final
sugar	ocean	
champagne	nauseous	
schnauzer	fuchia	
pshaw	issue	



LISTENING - Text to Speech

Text-to-speech
Computer or technology 'reads' aloud to student.



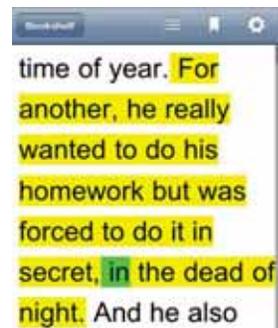
Power of Speech for Learning www.powerofspeech.info

Example of Synthesized Speech

Bookshare

An Accessible Online Library
for people with print disabilities

TEXT WITH COMPUTER /
SYNTHESIZED VOICE



Power of Speech for Learning www.powerofspeech.info

LISTENING - Digitized Speech

- REAL human voice, narration
 - Student voice
 - Teacher voice
 - Prerecorded voice e.g. audiobook with real human
 - Mostly audio is stand-alone (normally no text associated)

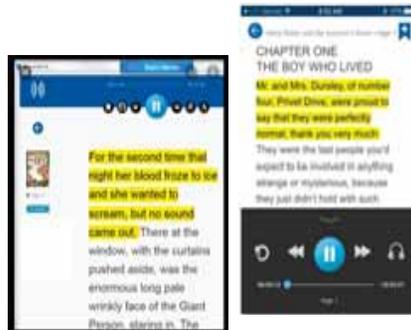


Power of Speech for Learning www.powerofspeech.info

Example of Digitized Speech

Learning Ally

HUMAN VOICE –
SOME BOOKS
WITH TEXT



Power of Speech for Learning www.powerofspeech.info

VOICE:

- Show voice controls
- Voice name
- Speaking rate
- SPEECH:
- Speak in background
- Speak on tap
- Stop on tap
- Speak from
- Stop after sentence

SYNCHRONIZED HIGHLIGHT

- Mode
- Highlight color

DOCUMENT

- Background color
- Page scroll direction

AUTOSCREEN

- Auto-scroll
- Invert colors

VIEW

- Thumbnail scrollbar
- Fullscreen mode

GALLERY

- Show multimedia gallery settings

Settings are essential!

The Power of Speech for All Learning

Bridgette Nicholson - Occupational Therapist / Assistive Technology Consultant

46

1980

Research

Research on Supported eText started in early 1980's

Large amount of research demonstrating significant value of Text to Speech for students with reading challenges!



Power of Speech for Learning www.powerofspeech.info

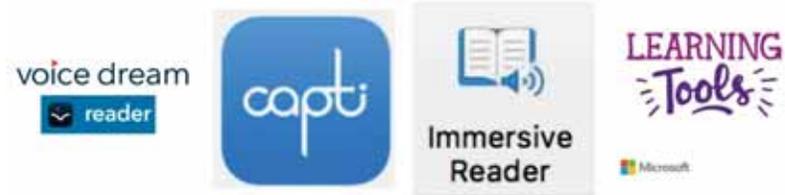
[MUST KNOW] Tech. Tools and Strategies



[MUST KNOW] Tech. Tools and Strategies



[MUST KNOW] Tech. Tools and Strategies



[MUST KNOW] Tech. Tools and Strategies



WRITING

How do students

SHOW WHAT THEY KNOW?



<https://www.nationsreportcard.gov/>

Public and nonpublic schools | At or above Proficient

GRADE 8 | WRITING | 2007

ACHIEVEMENT LEVELS - at or above Proficient

2007 National public (NP) percentage at or above Proficient

In the US, Over 2/3 of our students demonstrate significant challenges with writing!

www.powerofatech.info

HOW DO STUDENTS SHOW WHAT THEY KNOW?

- DRAWING
- HANDWRITING
- TYPING
- VOICE RECORDING
- SPEECH RECOGNITION

Effective Technologies and Strategies for Maximum K-12 Independence | Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

Click [here](#) to view live map.

Components of Writing

- PHYSICAL**: Posture, strength, endurance. Physical production of writing. HOW is the child producing writing?
- EMOTIONAL**: Motivation, interest, idea generation, willingness
- PLANNING**: Planning, Prewriting strategies, brainstorming, mapping, outlining
- MECHANICS**: Mechanics, spelling, punctuation, abbreviations, names, date and numbers etc.
- CONTENT**: Product / content - Reason for writing, what does the child produce?

www.powerofatech.info

Writing process

1. Initial thoughts and ideas
2. Pre-writing strategies
3. Drafting and Writing
4. Revising and Editing
5. Publish or Product

www.powerofatech.info



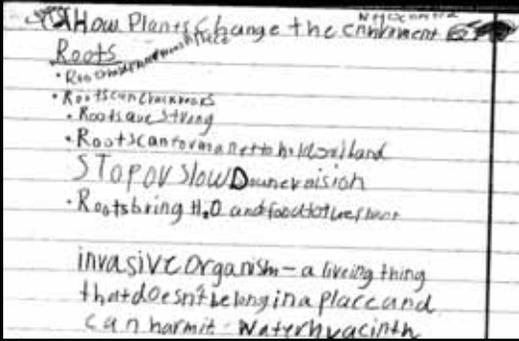
Challenges and Strategies

Productivity

Rate

Legibility

Content



How Plants Change the Environment

Roots

- Roots can drink water
- Roots are strong
- Roots can travel a net to hold soil and
- Roots bring H₂O and food to the leaves

STOP OR SLOW DOWN INVASION

- Roots bring H₂O and food to the leaves

INVASIVE ORGANISM - a living thing that doesn't belong in a place and can harm it - Water hyacinth

Challenges and Strategies

Strategies and Approach
Ages and stages





Challenges and Strategies

Rate Enhancement

Word prediction - types

Word completion

Bars

Phrases

Prediction

Prediction style

Completion (c > cat) v

Completion (c > cat)

Phonetic (k > cat)

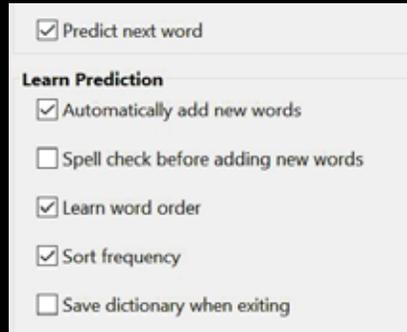
First & Contains (gdt > graduate)

Contains Anywhere (ptg > sporting)

Challenges and Strategies

Rate Enhancement

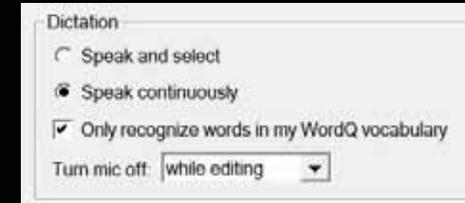
Settings and specific strategies make a big difference!



Challenges and Strategies

Rate Enhancement

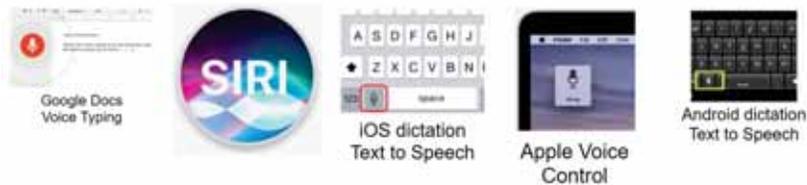
Settings and specific strategies make a big difference!



[MUST KNOW] Tech. Tools and Strategies

Speech Recognition

Speech to Text



[MUST KNOW] Tech. Tools and Strategies



[MUST KNOW] Tech. Tools and Strategies



iOS Pages
on iPad



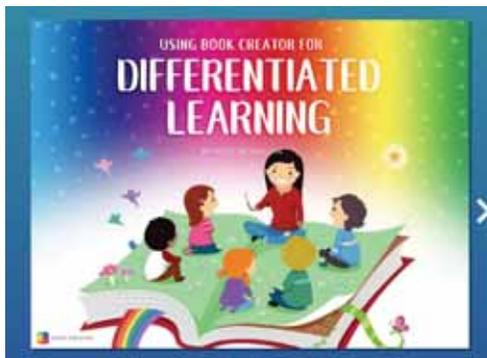
Shadow
Puppet



[MUST KNOW] Tech. Tools and Strategies



[MUST KNOW] Tech. Tools and Strategies



www.PowerOfATech.info

[MUST KNOW] tech. tools and strategies



www.powerofatech.info

TRANSITION



Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

DATA

Evidence based practice
Data Driven Decisions
Student Data



EVALUATION, TRAINING, DATA

Evidence Based Practice

Data Driven Decisions
Student Data

Systems for evaluating writing:

1. Variables
2. Production
3. Productivity
4. Content



QUALITATIVE:
Professional
Judgment

Professional
Opinion

QUANTITATIVE:
Objective
Data



[Link](#) to mind map



EVALUATION OF INDIVIDUAL STUDENTS
Student skills and challenges with writing

PROGRESS MONITORING
What strategies are working, and what isn't working?

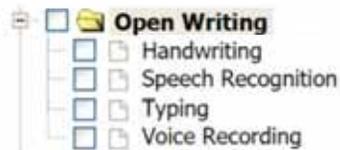


GROUPS OF STUDENTS
Collective data for district planning. Which types of tools and strategies have the best overall impact?

DATA COLLECTION
How do we introduce a variety of writing methods and quickly and 'effectively' collect data?



Data and progress monitoring for:



www.typingtraining.com



Conference attendees will receive a subscription to this website to use with students. Login provided at this session.

Evaluation of Writing - Production, Productivity, Content

www.typingtraining.com

Method of Text Entry:

This is the method used to select a

Direct Select:

- 10 Finger Typing
- Left Hand
- Right Hand
- Other

Directed Selection:

- Mouse
- Joystick
- Switch Controlled Mouse Directions
- Other Mouse Control
- 2 Or More Switch Scanning
- Morse Code

Indirect Select:

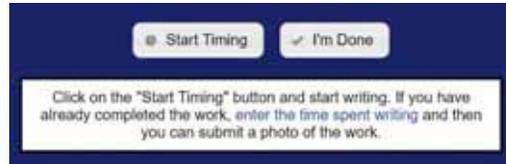
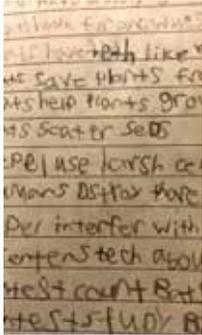
- Timed Scanning With Single Switch

Unspecified Text Entry Method

Conference attendees will receive a subscription to this website to use with students. Please indicate if you want this on the feedback form at the end of the session.

www.PowerOfATech.info

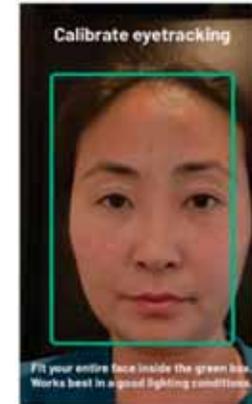
Data collection for HANDWRITING



EXCITING NEW DEVELOPMENTS

Face Tracking and Eye Gaze for the iPhone and iPad

Creating new opportunities for people with significant physical disabilities! It's not 'real-time' yet, but it's developing quickly... Keep watching, it will be functional and useful soon!



EXCITING NEW DEVELOPMENTS

Google Seeks Help From People With Down Syndrome

by Michelle Hamant | December 3, 2019

<https://www.disabilityscope.com/2019/12/03/google-seeks-help-from-people-with-down-syndrome/27512/>



EXCITING NEW DEVELOPMENTS

Handicap Assistive Robots Market - Global Industry Analysis, Size, Share, Growth, Trends, and Forecast 2018 - 2026

Category : Healthcare Format : PDF, PPT, DOC, XLS

<https://www.transparencymarketresearch.com/handicap-assistive-robots-market.html>



EXCITING NEW DEVELOPMENTS

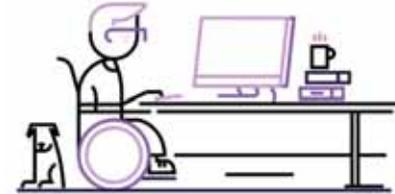


Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

EXCITING NEW DEVELOPMENTS

Microsoft | Global Diversity and Inclusion

Diversity & Inclusion



<https://www.microsoft.com/en-us/diversity/default.aspx>

Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

EXCITING NEW DEVELOPMENTS

Google Impact Challenge | Disabilities



Working together to build a more inclusive world.

<https://www.google.org/impactchallenge/disabilities/>

Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

EXCITING NEW DEVELOPMENTS



Kids' Adaptive Clothing

Target / Kids / Kids' Adaptive Clothing (22)



<https://www.target.com/c/kids-adaptive-clothing/-/N-11aue?Nao=0>

Effective Technologies and Strategies for Maximum K-12 Independence Bridgette Nicholson, Occupational Therapist/ Assistive Technology Consultant

Online Survey of today's presentation

www.powerofatech.info/feedback

www.powerofatech.info

Resource - typing training website



Indicate if you want this resource by checking the section in the survey you complete at the end of this session.

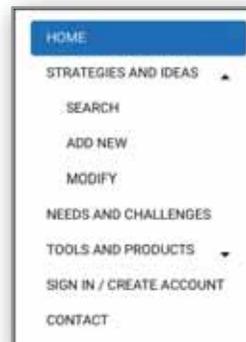
www.powerofatech.info

Database

www.powerofatech.info/database-writing

A comprehensive database of

1. Assistive Technology TOOLS for writing (for ALL students of all ages, all cognitive levels and all functional levels)
2. STRATEGIES and REAL LIFE samples - information from people who are using the technologies, both students as well as their teachers and parents.

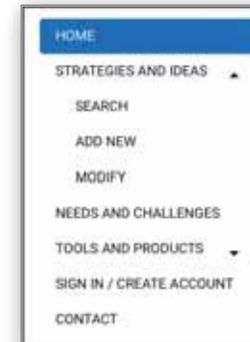


Click [here](#) to join the Facebook page

www.powerofatech.info

Database

**PLEASE
SHARE YOUR
IDEAS AND
KNOWLEDGE
ON THE
DATABASE**



Click [here](#) to join the Facebook page

www.powerofatech.info

Q & A
Comments
Suggestions?

*Thank
you!*