

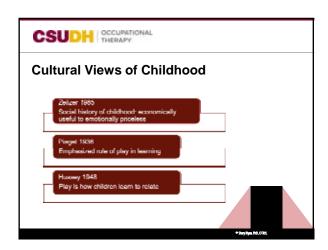


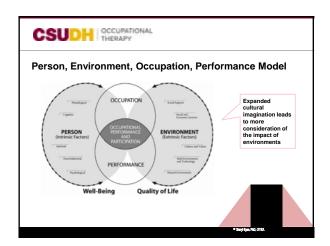
Activity: Your Childhood Occupations					
	0-5	6-11	12-14	15-18	
School					
Play					
Work					
Other					







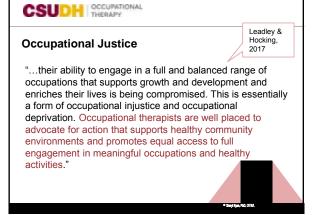


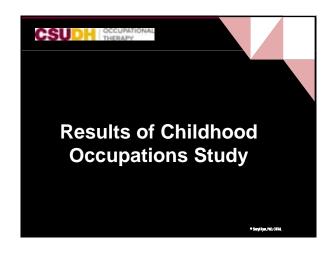


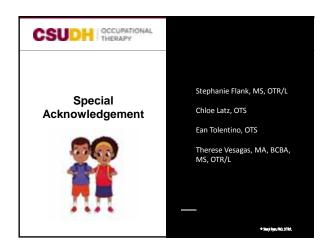
CSUDH OCCUPATIONAL THERAPY
Childhood Occupations in Context
⋈ Childhood occupations are culturally constructed and change over time
ଧ୍ୟ Perceptions differ from adults:
 Children's perceptions of play
 Teens' strategies for technological safety















Research Questions

- $\ensuremath{\bowtie}$ What are the students' perceptions of their educational and career futures?
- & What can be learned about childhood occupations and occupational engagement from the students' perceptions?





Methods

 Qualitative, limited phenomenological study



≥80 hours of participant observations

≥ 13 small group interviews:





CSUDH OCCUPATIONAL

Results

- 4 Themes:
- ☼ Career goals and interests alignment
- ⋈ A practical and idealistic approach
- ⋈ Many, big steps are required
- ⋈ Money is a problem







Career Goal and Interest Alignment

Martin: Yeah, I still want to go to college. I want to be a doctor and make a lot of money. When I was little, every time one of my siblings used to get hurt, I would always take care of them sometimes.

R: Do you remember what type of schooling it takes to become a doctor?

<u>Martin</u>: Well, you have to get into a good high school, good college and go to medical school. Oh, and have a lot of money to pay for it all.

R: Do you know what kind of doctor you would like to be?

Martin: One that helps babies or little kids.



CSUDH THERAPY					
	Careers	Interests			
Andrea	Veterinarian	Pet dog, animals, drawing Attend private girl's high school, take biology and medical class Attend UCLA			
Sofia	FBI agent/Law	Law, likes crime shows on TV Attend private girl's high school Attend UCLA			
Martin	Pediatrician	Wants to help people and make money Takes care of siblings when hurt Go to good high school, college, and medical school			
Marisol	Marine biologist	Loves the ocean and studying sea creatures Need bachelor's and master's degrees, and lab experience Attend private boarding high school Attend UCSD			

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Practical and Idealistic Approach

- <u>Daniela:</u> We probably don't have, like, enough time to do it. Because at home so much chores. Our parents are yelling at us all day trying to do it. And then school - I go to the after school program so I get home around 5:00. And I go to this [program] on Saturdays. And now I'm going to take dance classes. 'Cause my mom just wants to put me in there. She put me in a lot of stuff. She put me in modeling. She put me in book club too.
- ⋈ R: What does she want for your life?
- <u>Daniela:</u> Like if she dies early and if we need money.
 I took guitar lessons too. Like, we could just do it in the street to get money.





Many, Big Steps are Required

- ⋈ R: Is there anything you can do now that might affect college later?
- Sofia: You gotta get good grades, 'cause you gotta get into a good high school. And then you gotta get in that high school it gives you recommendations to get into a good college. And then from college you gotta get good grades if you're on a scholarship. If not they'll take it away.

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Many, Big Steps are Required

Extracurricular activities	Academic pursuits
Play sports	Study hard, get good grades
Join clubs	Go to a good high school
Volunteer and do community service	Get recommendations from teachers
Have good manners	Apply to college in 11th or 12th grade
Attend extra programs like the Saturday program	Visit colleges, sit in on a class
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Money is a Problem

 $\underline{\text{Marisol:}} \ \text{I didn't know, like, the estimated amount of money you} \ \text{had to pay per year to your tuition. I didn't know it was like $7,488.}$

Andrea: Well, scholarships to get more money since it's a lot of money to go to college. Like what the guy said today - we can get scholarships for being Hispanic. And the first generation college thing. Since my mom didn't go to college, even though my brother might go to college and I'm going to college, we can get money.



Discussion

- Childhood and adult occupations
- Dynamic present-future occupational choices





Childhood Occupations Adult Occupations

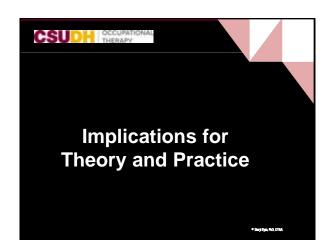
- Rest & sleep
- Formal & informal education
- Play, leisure, & social participation
- Habits, routines, & roles
- Care of others
- Financial & home management
- Volunteer participation
- Safety maintenance
- Employment interests& pursuits

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COU	THERAPY

- Dynamic present-future occupational choices
- Current interests, activities, and occupations impact future choices and occupational participation
- Imagined occupational futures impact present activity and occupational participation choices
- Occupational ideation may be especially relevant for youth in transition, ages 11-17



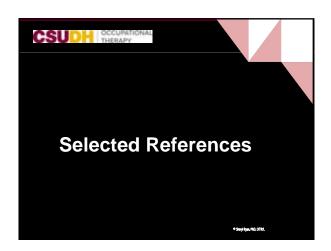














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♥ Sharyl Ryso, PhiD, OTR/L





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WROTSS 2020

Childhood occupations: More than school and play

Your Childhood Occupations

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School				
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Work				
Other				