



WESTERN REGIONAL  
**2023 OT SPRING SYMPOSIUM**  
CONTINUING EDUCATION

MARCH 3-5 | LAS VEGAS, NV

Tuscany Suites and Casino  
255 E. Flamingo Road • Las Vegas, NV 89169



## CHECK OUT THESE SYMPOSIUM HIGHLIGHTS!

- **Saturday Keynote:** Embrace Your Worth: Living and Loving Your Life as an OT Practitioner (1.5 PDUs)
- **More than 70 sessions.** Tracks include: Behavioral and Mental Health/Wellness, Pediatrics/School-based, Physical Disability/Rehab/Adults, Academics/Leadership/General, and more
- **Friday Pre-Symposium Institute** (separate fees apply)
- **Saturday Lunch:** Featuring AOTA President Alyson Stover, MOT, JD, OTR/L, BCP
- **Sunday Lunch:** Updates on OT Compact Initiative

## STAY AT THE SYMPOSIUM HOTEL!

**Sleeping room rate:** Just \$79-\$149. Hotel reservations close January 23 for the WROTSS sleeping room block and is based on availability in our block.

**For the nights of March 2-5, 2023. Stay at the Tuscany Suites (an all-suite hotel) over Symposium dates and be eligible for valuable prizes!**

Tuscany Suites and Casino • 255 E. Flamingo Road, Las Vegas, NV 89169  
Reservations (877) 887-2261

### Hotel amenities:

- The Spa at Tuscany | Eateries
- Live shows | Casino
- Free parking (valet and self-parking)
- Two outdoor swimming pools
- 2020 Traveler's choice/Tripadvisor

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#2023WROTSS



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## Great Value!

**Special "2-for-1" Registration Rate – \$149 each.** If a current member recruits a new member to join in conjunction with the Symposium, both can attend at this discount (must be from same state). If two nonmembers join at the same time/together (must be from same state), both can attend at the discount. All paperwork must be submitted together. Online registration not available for this discount. Friday, March 3 Pre-Institute Sessions are a separate fee.

**Regular Member Registration Rate – \$229 each.** If you don't recruit a new member attendee, you can still attend at the great value of only \$229 for the two-day Symposium. Friday, March 3 Pre-Institute Sessions are a separate fee.

**Attention Students!** Look inside for special student discount (Registration Form).

**Online Registration.** Online registration available on the WROTSS website at [symposium.otaconline.org](https://www.wrotss.org/symposium).

## DATES TO REMEMBER!

Cut-off time is 8:59pm PST.

**Extended to February 13** Hotel room reservation deadline (midnight PST) – \$79-\$149/night.

**Extended to February 13** Early bird registration deadline (8:59pm PST). Fees increase.

**February 20** Complete Volunteer Form

**February 20** Deadline for "2-for-1" discount (8:59pm PST).

**February 20** Advance registration deadline (8:59pm PST); must register on-site after this date. Fees increase.

**February 20** Deadline to request registration refund.

## SYMPOSIUM SPONSORS



## BECOME A SPONSOR:

Shannon Rutledge, CMP | [shannon@otaconline.org](mailto:shannon@otaconline.org)



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MARCH 3-5 | LAS VEGAS, NV

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255 E. Flamingo Road • Las Vegas, NV 89169



## SYMPOSIUM KEYNOTE AND PRESENTER

18 - Keynote: Embrace Your Worth: Living and Loving Your Life as an OT Practitioner (1.5 PDUs)

Linda Crawford, OTR/L (CO), CDW™  
Facilitator



Saturday, March 4, 2023  
8:00am – 9:30am

A commonly heard phrase among occupational therapy practitioners is "Nobody understands what I do." Do you often find yourself questioning your value and "hustling" for your worthiness? Or have you fully explored and embraced your inherent worth? Get ready for an innovative and interactive session of self-exploration and self-discovery. Through personal story and fun-filled facilitated activities you will learn five steps you can take to embrace living in your unique value as an occupational therapy practitioner. You'll be challenged to explore potential barriers including shame and perfectionism as you gain an understanding of how the concepts of creativity, courage, compassion, and storytelling can help you revalue ourselves and your occupational therapy practices.



93 - Self-Compassion: The Foundation of Your Self-Worth and Self-Care as an Occupational Therapy Practitioner (1 PDU)

Sunday, March 5, 2023  
1:15pm – 2:15pm

About The Daring Way™

The Daring Way™ is an empirically based training and certification program for helping professionals, based on the research of Brene Brown, PhD. The work focuses on courage building, shame resilience, and uncovering the pow

## SPECIAL ACTIVITIES INCLUDED IN REGISTRATION

### Activity A

#### WROTSS Welcome Reception

Meet our keynote presenter and other invited presenters

Friday, March 3  
6:30pm–7:30pm



Alyson Stover,  
MOT, JD, OTR/L, BCP

### Activity B

#### Lunch Featuring AOTA President

Saturday, March 4  
12:30pm–1:30pm

### Activity C

#### Lunch Featuring Updates on the OT Compact Initiative

Sunday, March 5  
12:00pm–1:00pm

## WROTSS CO - CHAIRS



Oaklee Rogers,  
PhD, OTR/L  
Arizona



Sarah Bream,  
OTD, OTR/L  
California

# Program Schedule

EARN  
PDUs

## FRIDAY, MARCH 3 (PRE-INSTITUTE SESSIONS)

### 12:00pm to 1:30pm

#### 10 - Horses in Occupational Therapy (1.5 PDUs)

*Antonietta Iannaccone, OTR/L (CA), OTD, HPCS*

Are you interested in incorporating horses in occupational therapy? Come learn about appropriate terminology, safety, and welfare considerations and existing research, and see case studies of animal-assisted occupational therapy and hippotherapy. Learn about what next steps you can take to get involved in this exciting treatment context.

### 12:00pm – 2:00pm

#### 11 - Occupational Therapy Code of Ethics: Ensuring Ethical Practice (2 PDUs)

*Trent Brown, MOT, OTR/L (UT), BCG, ATP, CFPS, CGCP*

This course will apply three "real-life" ethical examples to drive home the importance and application of the AOTA's updated Code of Ethics. In addition, students will be encouraged to share real life examples and walk through how the updated Code of Ethics supports them in clinical practice.

### 12:00pm – 3:00pm

#### 12 - Assistive Technology: What School Practitioners Need to Know (3 PDUs)

*Matthew Press, MHS, OTR/L (AZ), ATP*

Assistive technology (AT) is required to be considered in every individualized education program. Occupational therapy practitioners are the best team member to lead the consideration process. Make sure your AT skills are top notch and learn to lead that team.

#### 13 - OT Practitioner's Guide to Quality Dementia Care (3 PDUs)

*Lisa Hong, OTD, OTR/L (ID); Joanne Trammel, MS, OTR/L (ID)*

This is an excellent resource for those working with people with dementia. Learn about the cause and impact of dementia. Add tools to best work with those with this condition and their caregivers.

### 1:45pm – 3:15pm

#### 14 - Influence of Music on Therapy (1.5 PDUs)

*Peg Bledsoe, OTD, OTR/L (CA), FAOTA, BPC*

Music influences the brain's functioning in all environments. The education, rehabilitation, and outpatient arenas can help support and increase brain healing toward active participation in their occupational.

### 3:15pm to 5:15pm

#### 15 - Start Your Pediatric Telehealth Occupational Therapy Business (2 PDUs)

*Hiral Khatri, OTD, OTR/L (CA)*

Understand the process of starting pediatric telehealth practice. Learn how to utilize strategic planning, plan your telehealth business budget, and learn about a variety of telehealth tools for a successful pediatric online occupational therapy practice.

# TWO FOR ONE

Look inside for details  
and how to get all of  
this for only \$149!

### Why you should attend!

- Connect! Connect! Connect!
- Earn up to 19.5 PDUs
- Friday Pre-Symposium Institute
- Attend the Saturday and Sunday lunches with featured presenters
- 2-for-1 offers: \$80 discount for OT/OTA/Students (see criteria on the Registration Form)

### HOTEL RESERVATION DEADLINE:

February 13, 2023

TUSCANY SUITES AND CASINO • (877) 887-2261



### 3:15pm – 6:15pm

#### 16 - Interprofessional Collaboration for AT Applications in School-Based Services (3 PDUs)

*Laura Greiss Hess, PhD, OTR/L (CA); Dan Phillips; Kerrie Chitwood, PhD, CCC-SLP (CA)*

This session will be co-presented by an occupational therapy and speech-language pathology interprofessional team. This collaborative team will discuss innovative practice models, case examples, current assistive technology, and clinical reasoning for the implementation of assistive technology into school-based services.

#### 17 - Creating an Intentional Professional Development Plan (3 PDUs)

*Abi Swidergal, MS, COTA/L (NV), CKTP; Melissa Tilton, OTA (MA), MS, COTA, ROH*

We must engage in an intentional process for creating our professional development plans. Practitioners will identify methods for intentional planning of professional development. Additional interaction offers time to build a professional development plan.

## SATURDAY, MARCH 4

### 8:00am – 9:30am

#### 18 - Keynote: Embrace Your Worth: Living and Loving Your Life as an OT Practitioner (1.5 PDUs)

*Linda Crawford, OTR/L (CO), CDW™ Facilitator*

A commonly heard phrase among occupational therapy practitioners is, "Nobody understands what I do." Do you often find yourself questioning your value and "hustling" for your worthiness? Or have you thoroughly explored and embraced your inherent worth? Get ready for an innovative and interactive session of self-exploration and self-discovery. Through personal stories and fun-filled facilitated activities, you will learn five steps to embrace living in your unique value as an occupational therapy practitioner. You'll be challenged to explore potential barriers, including shame and perfectionism, as you gain an understanding of how the concepts of creativity, courage, compassion, and storytelling can help you revalue yourself and your occupational therapy practices.

### 9:45am – 10:45am

#### 20 - Apprenticeship to Mentorship (1 PDU)

*Natasha Smet, OTD, OTR/L (AZ); Abi Swidergal, MS, COTA/L (NV), CKTP*

What makes it the right time to move into the mentor role? Discussion will surround paths that led to exploring this as a new opportunity within the profession for those in practice.

#### 21 - Sensory Integration and Praxis in ADHD (1 PDU)

*Katie Oien, OTD, OTR/L (CA), BCP*

This presentation will cover a quantitative retrospective descriptive study of a cohort of children with ADHD exploring sensory integration and praxis patterns of functioning and their relationship to social participation.

#### 22 - Utilizing Pediatric Therapeutic Resource Guides in Developing Countries (1 PDU)

*Jacqueline Morrison, OTS; Alison Matous, MS, OTR/L (AZ)*

The presentation will describe a doctoral capstone project surrounding the needs of the pediatric population in developing countries through the incorporation of a therapeutic resource guide to promote occupational performance and community engagement.

#### 23 - Ethical Dilemmas in Everyday OT: A Scoping Review (1 PDU)

*M. Andrianna Cary, OTR (GA)*

This presentation will review the current scope of evidence about occupational therapy ethics learning and practice. The perspectives of providers, educators, and patients on situational dilemmas and decision-making will be explored and discussed.

#### 24 - Elevating the Practitioner Role in Post-Acute Care (1 PDU)

*Sabrina McCarley, MBA-SL, OTR/L (CA), CLIPP, RAC-CT, QCP, FAOTA*

The presentation will review lessons learned during the PHE and specific strategies and best practices that elevate the role of occupational therapy practitioners and their contribution to an interdisciplinary team focused on achieving stellar outcomes.

# Program Schedule

EARN  
PDU's

## 25 - Life Skills Interventions at a Reentry Center (1 PDU)

Rebecca Wolf, JD, MPH, OTR/L (AZ); Dalenna Bellum, OTS

This presentation will summarize a program developed as a doctoral capstone project to promote life skills among men living at a reentry center to prevent recidivism and promote successful community reentry.

## 26 - Trauma-Informed Approaches in Pelvic Floor Therapy (1 PDU)

Kristen Springer, OTS

Based on evidence-based and theoretical implications regarding adverse childhood experiences, trauma-informed care, and pelvic floor therapy practices, this current doctoral capstone presentation will explore how practitioners provide affirmative trauma-informed healthcare services to clients with adverse childhood experiences.

## 27 - An Innovative Approach to Chronic Pain Treatment (1 PDU)

Brian L. Thompson, OTD, OTR/L (UT); John V. Rider, PhD, OTR/L (NV), MSCS, CEAS

This presentation will highlight pain neuroscience education, an evidence-based pain management approach, in the context of a doctoral capstone project with direct application to occupational therapy in everyday practice.

11:00am – 12:30pm

## 30 - Leading with Compassion: A Guide for Practitioners and Managers (1.5 PDUs)

Deborah Bolding, PhD, OTR/L (CA), FAOTA;

Kathryn Wise, OTD, MHsc, OTR/L (CA)

Leadership practices by therapists and managers affect client outcomes, practitioner health and job satisfaction, and healthcare costs. This presentation will examine compassionate and other relational leadership styles and interpersonal communication practices that enhance communities of practice.

## 31 - Pandemic Burnout in School-Based Occupational Therapy (1.5 PDUs)

Susan Lingelbach, OTD, MA, OTR/L (NV)

Results from this qualitative phenomenological study and literature synthesis describe the experience of burnout in school-based occupational therapy practice with a focus on the effect of the global COVID-19 pandemic.

## 32 - Understanding Pediatric Feeding Disorder and Defining OT's Role (1.5 PDUs)

Andrea Sherman, OTD, OTR/L (CA); Lynette Gonzalez, COTA/L (CA)

Pediatric feeding disorder (PFD) is a new ICD-10 diagnosis that promotes multidisciplinary collaboration. Attendees will understand the occupational therapy practitioner's role when treating children with PFD and how to advocate for clients with this new diagnosis.

## 33 - Postural Analysis and Functional Outcomes with Bodiometer Software (1.5 PDUs)

Hannah Davis, MOT, OTR/L (CA), CLT

In this session, attendees will explore the importance of posture on occupational performance, ways to teach postural analysis skills through low-tech and high-tech methods, and how to translate those into clinical practice for reimbursement.

## 34 - Oral Hygiene Intervention for Adults with I/DD (1.5 PDUs)

Robin Leinwand, MOT, OTR/L (NM)

This session will offer strategies for effective oral care intervention at the individual and caregiver level. Adapted material options, positioning methods, and preparatory activities will be included, along with tools/resources to facilitate task independence, safety, and knowledge.

## 35 - Yoga for Optimal Pelvic Health and Wellness (1.5 PDUs)

Holly Mulvaney, OTD, OTR/L (AZ), CLT, RYT200; Heidi Carpenter, OTD, OTR/L (AZ), CBIS, RYT200, Pn1; Tania Shearon, MOT, OTR/L (AZ), CHT, C-IAYT

This presentation will provide a foundational understanding of how yoga is incorporated within occupational therapy interventions to optimize pelvic health through down-regulating the nervous system, breathing, pressure regulation, the pelvic floor, and core activation.

## 36 - Occupational Therapy's Distinctive Role in Functional Cognitive Disorders (1.5 PDUs)

Lisa Marshall, OTR/L (DE), CLT, CLWT; Brenda Crowley, COTA/L (PA), CLWT

This course will claim occupational therapy's domain in treating functional cognitive disorders seen in long COVID, cancer, anxiety, depression, and mild brain injuries. Participants will gain strategies for immediate implementation into each practice setting.

## 37 - Graded Motor Imagery: Achieving Optimal Function Through Neuroplasticity (1.5 PDUs)

Megan Doyle, MS, OTR/L (ID), TPS, PSF, Cert-APHPT

This course will cover the five assessment and intervention stages of Graded Motor Imagery (GMI) for treating pain and neurological conditions to facilitate optimal functional outcomes for clients, with breakout labs included for experiential carryover.

12:30pm – 1:30pm

## Activity B – Lunch Featuring AOTA President

Alyson Stover, MOT, JD, OTR/L, BCP

Hear about the latest updates on AOTA and national issues of interest to occupational therapy practitioners. Indicate your intent to attend the lunch by circling Activity B on the Program Selection grid. We will only guarantee a lunch for you if you circle this activity.

1:45pm – 2:45pm

## 40 - Promoting Occupational Justice in Palliative Care (1 PDU)

Joahnes Gatdula, OTD, OTR/L (CA), ITOT

This session will be a scoping review of occupational therapy practice in palliative care. It will discuss occupational engagement, evaluation tools, and occupation-based treatment for palliative care.

## 41 - Sensory Processing Strategies for ASD Children (1 PDU)

Liza Abigail Khou, OTS

This session will describe sensory processing and how it can affect autism spectrum disorder (ASD) children. Participants will learn ways to facilitate self-regulation when the child is having difficulty participating in play due to sensory processing difficulties.

## 42 - Building an Inclusive Community: One Friend at a Time (1 PDU)

Vicky Vu, MA, OTR/L (CA), MBA, BCP, CNT; Anton Vu, OTS

This session will review how engaging neurotypical fifth grade students (big buddies) with children with autism (little buddies) in a seven-week curriculum promotes acceptance and inclusivity through play.

## 43 - Error Augmentation in Stroke Rehabilitation (1 PDU)

Remington Markwell, OTS; Renita [Name obscured], OTS

As part of their [Name obscured] created a pilot ed [Name obscured] therapy practitioners. The purpose of [Name obscured] produce error augmentation as a stroke rehabilitation intervention to occupational therapy.

## 44 - Occupational Therapy's New Standard for Partial Hand Amputation Care (1 PDU)

Chelsea Welch, MSOP, CO (CA)

This presentation will review the prevalence and etiology of this patient population, the current prosthetic options available, and the integral role that occupational therapy practitioners play in supporting positive patient outcomes using body-driven prostheses.



**WITHDRAWN**

# Program Schedule

EARN  
PDUs

## 45 - Transgender Care and Occupational Therapy (1 PDU)

*Marieliz Llanos, MHPed, OTR/L (NV); Aesa Jackson, OTR/L (NV), CNT, NLP, NTMTC*  
There is limited research on best practices and protocols to support non-confirming and transgender clients. This session will help practitioners improve transgender acute care practice to advance advocacy and facilitate occupational performance issues of transitioning.

## 46 - Promoting Pelvic Health: Strategies in Your Toolbox (1 PDU)

*Carlin Daley Reaume, OTD, OTR/L (CA), MAEd; Lindsey Vestal, MS, OTR/L (NY)*  
Occupational therapy practitioners are uniquely suited to promote pelvic health with clients. This session will highlight evidence-based strategies (many already in your toolbox) to support your clients and enhance their quality of life across practice settings.

## 1:45pm – 5:00pm

### 47 - Meeting the Need: Community-Based Fieldwork Site Development (3 PDUs)

*Candace Chatman, OTD, OTR/L (CA); Mary Kay Wolfe, OTD, OTR/L (CA); Deanna Mannarelli, OTD, OTR/L (CA); Clarissa Saunders-Newton, PhD, OTR/L (CA)*

These presenters will share their experience of developing fieldwork sites in settings without occupational therapy practitioners to address the placement shortage during and post-COVID-19. Through active engagement, attendees will complete the necessary steps to develop a community-based site.

## 3:00pm – 4:00pm

### 50 - Disaster Management and Preparedness Plans Across Client Populations (1 PDU)

*Mary Schmitz, OTD, OT/L (AZ)*

The pandemic alerted society to plan for disruptions at home, school, and work. This session will increase knowledge and awareness about incorporating disaster management and preparedness planning with clients and for personal use.

### 51 - Addressing Diverse Feeding Difficulties in Pediatrics (1 PDU)

*Aimee Piller, PhD, OTR/L (AZ), BCP, FAOTA*

This session will present a feeding intervention program for children with feeding difficulties. The presenters will review research on the sensory and motor needs of this population and provide an overview of a feeding program and its effectiveness.

### 52 - Experiences of Children with Neurological Conditions and Families (1 PDU)

*Charmaine Alexis Pasion, OTS*

This presentation will focus on the findings of a research study that explored the experiences of children with chronic neurological conditions and their families. Attendees will learn about considerations for community reintegration.

### 53 - Grooving to the Beat: Dance-Based Fall Prevention Program (1 PDU)

*Casey Javier, OTD (NV); Julia Graham, OTD, OTR/L (NV); Shannon Martin, OTD, OTR/L (NV), BCG*

This session will discuss a dance-based fall prevention program implemented in a community-based senior center for a capstone experience. This program takes a holistic approach and can be a potential new approach to fall prevention.

### 54 - Improving Posture and Mobility: A Case for Minimalism (1 PDU)

*Loree Pham, MS, OTR/L (CA), DipACLM*

This will explore evidence for the benefits of natural movement and the harms of excessive sitting with connections to furniture and barefoot shoes. Examples of exercises and modifications to improve mobility will be discussed.

### 55 - OT for Women At-Risk of Homelessness (1 PDU)

*Kelcey Parker, OTR/L (CA)*

This presentation will explore how occupational therapy can utilize a strengths-based approach to empower women at-risk of homelessness.

### 56 - Advocating for Increased OT Staffing: Our Successful Journey (1 PDU)

*Cindy Jaeger, MS OTR/L (CA); Jennifer Mansourian, MS, OTR/L (CA)*

It can be difficult to justify increasing occupational therapy staffing. Many administrators may not understand the value of occupational therapy services. This session will demonstrate how we collected and presented data, successfully increasing occupational therapy staffing in an acute care hospital.

## 4:15pm – 5:15pm

### 60 - Transitioning from Clinician to Academician (1 PDU)

*Luis Arabit, OTD, MS, OTR/L (CA), BCN, BCPR, C/NDT, FAOTA; Allen Espelita, OTD, OTR/L (NV), C/NDT, CEAS; Terry Peralta-Catipon, PhD, OTR/L (CA)*

This presentation will focus on clinicians exploring and considering venturing into academia as a future practice environment. It will highlight academic career planning, preparation, expectations, and feature experiences of clinicians who transitioned as academicians.

### 61 - Effect of Integrated Exercise in Children with ASD (1 PDU)

*Areum Jensen, PhD; Megan Chang, PhD, OTR/L (CA)*

The physiological and behavioral effects of an integrated exercise program for autistic children in relation to family's quality of life will be presented. Feasibility of incorporating the program into pediatric practice will be discussed.

### 62 - Administration, Scoring, and Interpretation of SOSI-M and COP-R (1 PDU)

*Gustavo Reinoso, PhD, OTR/L (FL); Juliana Gutierrez, OTD, OTR/L (CA); Dominique Kiefer, OTD, OTR/L (CA)*

This hands-on workshop will provide an opportunity to learn to administer, score, and interpret the SOSI-M and COP-R and use the results in a treatment plan. The SOSI-M and COP-R are two new nationally standardized assessments.

### 63 - Creating an Evidence-Based Culture through Knowledge Translation (1 PDU)

*Maria Roots, OTD, OTR/L (AZ); Aimee Piller, PhD, OTR/L (AZ), BCP, FAOTA*

This session will focus on defining and implementing available knowledge translation tools to promote a culture of evidence-based practice within occupational therapy settings. The presenters will provide practical strategies for the implementation of evidence in practice.

### 64 - Social Determinants of Health: What Is It? (1 PDU)

*Sabrena McCarley, MBA-SL, OTR/L (CA), CLIPP, RAC-CT, QCP, FAOTA*

This session will break down the components of social determinants of health and discuss the role of occupational therapy practitioners in addressing various social determinants of health for patient-centered care and discharge planning.

PROGRAM SCHEDULE *continued*



Earn up to 19.5 PDUs towards  
OT re-licensure requirements.

ATTENTION STUDENTS  
Look for your special tuition fees.

The Sponsorship Prospectus is available at [symposium.otaonline.org](http://symposium.otaonline.org).



# Program Schedule

EARN  
PDU's

## 65 - Empowering Patients: A Wellness Group for the Community (1 PDU)

Daniela Flores, MA, OTR/L (CA); Jesus Diaz, OTD, OTR/L (CA)

This presentation will provide an overview of a community-based intervention to empower Latino patients living with diabetes or chronic pain through engagement, education, participation, and community-building activities.

## 66 - Questioning Our Foundations: Decolonizing OT Education (1 PDU)

Janet Gunter, OTD, OTR/L (CA); Jennifer Jones, OTD, OTR/L (CA), BCP; Tessa Milman, OTD, OTR/L (CA)

This presentation will describe an innovative pedagogical approach which introduced occupational therapy students to decolonization and provided opportunities to identify instances of colonization practice and approaches to decolonize. Examples of how to embed decolonization within readings, reflections, applications, and collaboration with 'experts by experience' will be provided. Participants will reflect on how they can decolonize their course design or curriculum.

## SUNDAY, MARCH 5

### 8:30am – 9:30am

## 70 - NBCOT® National Certification Exam: Information You Need to Know

Barbara Williams, DrOT, MS, OTR; Shaun Conway, OTR

Attendees will connect with NBCOT® representatives and hear about the best approaches to achieve their goal for occupational therapy certification.

## 71 - Assessment and Treatment of Pediatric Complex Regional Pain Syndrome (1 PDU)

John Rider, PhD, OTR/L (NV), MSCS, CEAS; Monica Tay, OTD, OTR/L (NV)

This course will review current evidence surrounding the assessment and treatment of pediatric Complex Regional Pain Syndrome. Participants will learn key assessments and intervention approaches with highlights from a recent scoping review and qualitative study.

## 72 - Supporting Intraprofessional Fieldwork (1 PDU)

Abi Swidergal, MS, COTA/L (NV), CKTP; Christina Bustanoby, OTD, OTR/L (NV), CSRS

Providing a fieldwork experience for OT and OTA students prepares them at the same time for collaboration as new practitioners. Attendees will learn about how being a fieldwork educator with the opportunity to support multiple programs allows for a well-rounded education for students.

### 8:30am – 10:00am

## 73 - Retrospective Study on Breast Cancer-Related Lymphedema Treatments (1.5 PDUs)

Maria Soledad Magpantay, OTD, OTR/L (NV), CLT

The topics covered in this presentation will include lymphedema, BCRL, stages of lymphedema, CDT, IPC pump, and the results of this retrospective study. In particular, the study will provide evidence-based practice to patients with BCRL.

## 74 - Using Cognitive Approaches to Influence Occupational Performance (1.5 PDUs)

Robyn Otty, OTD, OTR/L (NV), BCPR, FAOTA

Cognitive approaches can positively influence a client's performance skills to improve overall occupational performance. Using evidence-supported, cognitive-based techniques, attendees will practice and enhance their existing 'toolbox.'

## 75 - Supporting Traditional Mexican Spiritual Practices, Curanderismo, Through OT (1.5 PDUs)

Elaina Rodriguez Garza, OTD, OTR/L (CA); Brianda Karina Cortez, MS, OTR/L (CA)

During this session, attendees will learn about Curanderismo, how to support occupational engagement in traditional spiritual practices for Mexican-American clients, and discuss/practice building trust and eliciting information around this traditionally taboo topic.

### 8:30am – 11:45am

## 76 - Inclusive Summer Camps for the Pediatric Population (3 PDUs)

Winnie Soenaryo, OTD, OTR/L (CA); Leila Deschuytter, MS, OTR/L (CA); Karen Rodriguez, MS, OTR/L (CA)

A sense of belonging is what all individuals yearn for and deserve access to in their life. How can we create an inclusive summer camp to provide meaningful recreational and social opportunities for all children?

## 77 - Refining Clinical Reasoning in Pediatric Practice (3 PDUs)

Dominique Kiefer, OTD, OTR/L (CA); Erna Blanche, PhD, OTR/L (CA); Lisa Test, OTD, OTR/L (CA)

Occupational therapy practice has become increasingly more complex requiring practitioners to be systematic in data gathering and more efficacious in delivering interventions. Through case analysis, participants will learn to systematize the clinical reasoning process.

### 9:45am – 10:45am

## 80 - Ergonomic Approach for E-Sport Athletes (1 PDU)

Donnamarie Krause, PhD, OTR/L (NV); Nicholas Pierides, OTS; Kaitlin Ploeger, OTD, OTR/L (NV), BCP

The session will demonstrate the development of an ergonomic protocol for the upper and lower extremities for first-person shooter PC gamers of ages 18-30 as measured by client satisfaction with the program and increased performance via a third-party application.

### 9:45am – 12:00pm

## 81 - Impact of OT on Healing Attachment Trauma (2 PDUs)

Angela Kerendian, MS, OTR/L (CA)

What is attachment trauma, and how is it related to the sensory lens? This presentation will explain attachment trauma and how to incorporate healing into your pediatric practice with novel, evidenced-based interventions.

## 82 - Clinician to Academician: A Beginner's Guide (2 PDUs)

Amy Sadek, PhD, OTR/L (CA), DipACLM; Brett Buford, OTD, OTR/L (CA)

This session will provide clinicians interested in academia with a toolkit to embark on their journey. The workshop will share evidence on what is needed to successfully become an academician, practical strategies for the interview process, and an active learning component where participants can engage in a reflective practice activity.

### 10:15am – 12:00pm

## 83 - Identifying Occupational Therapy's Vital Role in Oncology Rehabilitation (1.5 PDUs)

Lisa Marshall, OTR/L (DE), CLT, CLWT

Evidence-based research identifies the need, benefit, lack of referrals, and trained clinicians necessary to fulfill the growing demand for oncology rehabilitation. By understanding cancer, treatments, side effects, and OT interventions, we can advocate our value.

PROGRAM SCHEDULE *continued*



# Program Schedule

EARN  
PDU's

## 84 - Maximizing OT Resources: Using Groups in Acute Care (1.5 PDUs)

Cindy Jaeger, MS OTR/L (CA); Jennifer Mansourian, MS, OTR/L (CA)

To maximize occupational therapy staffing, we designed groups to provide occupational therapy to long-term acute care patients. Inclusion criteria, as well as outcome measures related to patient satisfaction and function, were identified and will be presented.

## 85 - Sex Work: Introduction, Harm Reduction, and Occupational Therapy (1.5 PDUs)

Gabriel Cravens, OTD, OTR/L (CA); Lawrence Stevenson, OTD, OTR/L (CA)

This presentation will introduce sex work and corresponding socio-cultural implications by examining the importance of occupational therapy practitioners supporting sex workers through occupation-based harm reduction strategies in order to mitigate occupational injustices.

## 11:00am – 12:00pm

### 86 - Occupational Therapy-Based Sleep Education Through Social Media (1 PDU)

Enjoli Filemu, OTD, OTR/L (CA); Amy Lee, OTS; Joyce Esparza, OTS; Mindy Yum, OTS

This session will present the effectiveness of educating early adults through short-form video content on occupational therapy-based sleep intervention.

## 12:00pm – 1:00pm

### Activity C - AOTA/NBCOT Joint Occupational Therapy Licensure Compact Initiative (1 PDU)

Chuck Willmarth, CAE; Shaun Conway, OTR; Carl Sims

The American Occupational Therapy Association (AOTA) and the National Board for Certification in Occupational Therapy (NBCOT) are collaborating to create the Occupational Therapy Licensure Compact (OT Compact). This presentation will outline the purpose and benefits of a licensure compact, provide an update regarding OT Compact legislation, and outline steps the OT Compact Commission will be taken to operationalize the licensure compact. Efforts to enact OT Compact legislation in western states will also be addressed. Indicate your intent to attend the lunch by circling Activity C on the Program Selection grid. We will only guarantee a lunch for you if you circle this activity.



## 1:15pm – 2:15pm

### 90 - Structural Awareness in Indigenous Health Care for OT Practitioners (1 PDU)

Gretchen Bachman, OTD, MBA, OTR/L (AZ), CHT; Kelsey Christopher, OTS; Brianna Lees, OTS; Amber Seowtewa, OTS

Understanding the unique cultures of Indigenous populations and inherent structural and systemic barriers to access to healthcare can improve occupational therapy practitioners approach in delivering genuinely holistic care. This presentation will discuss the historical contexts of Indigenous people and the impacts on their occupational wellness as illustrated through cultural contexts within social determinants of health. Practitioners will identify and discuss how these factors may influence health outcomes for Indigenous populations through a case study discussion. Upon completion of this presentation, practitioners will be able to be culturally responsive when working with Indigenous populations to promote inclusive client-centered care.

### 91 - Dyslexia: Screener, Executive Cognitive Function, Accommodations, and Strategy Tools (1 PDU)

Penny Stack, OTR/L (CA/OK), OTD, CLT

Demystifying dyslexia! Attendees will leave the workshop with screening, executive cognitive function, strategies, and accommodation tools they can use tomorrow.

### 92 - The Accessible Playgrounds for Parents with Disabilities Project (1 PDU)

Stacy Frauwirth, MS, OTR/L (CA); Lena Gipson Showalter, OTD (CA)

This presentation will describe an innovative project to develop an environmental assessment and national database of community playgrounds that identifies accessibility features for parents and caregivers with physical or visual disabilities.

### 93 - Self-Compassion: The Foundation of Your Self-Worth and Self-Care as an OT Practitioner or Student (1 PDU)

Linda Crawford, OTR/L (CO), CDW™ Facilitator

You are great at compassion for to others, but do you give yourself the same compassion? Or are you your own worst critic? Do you battle with perfectionism and feelings of 'not good enough'? Do you wish you had a stronger sense of self-worth as an occupational therapy practitioner or student? Come learn about the therapeutic benefits of developing self-compassion skills – for yourself and for everyone! We will take a self-compassion self-test (validated for research) and practice a few fun self-compassion exercises to recharge our self-care and self-worth batteries.

## 1:15pm – 4:15pm

### 94 - Ostomy Care and the Role of Occupational Therapy (3 PDUs)

Pamela Morales, MS, OTR/L (NV), OMS; Amanda Shimabukuro, OTS

This visual and hands-on presentation will educate practitioners on the basics of ostomy care and training to improve the functional outcomes and independence of ostomates with the ADL of toileting.

## 1:15pm – 4:45pm

### 95 - Executive Function for OTs - Introducing the Train Model (3.5 PDUs)

Cara Koscinski, OTD, MOT, OTR/L (FL)

Executive function (EF) affects children's occupational performance. All aboard this journey to learn the new Train Model of EF. It's based on AOTA's Framework 4, new evidence, and strengths-based techniques to boost your therapeutic outcomes.

### 96 - Splinting Hands to Decrease Pain and Improve Functional Use (3.5 PDUs)

Adrienne Tesarek, OTR/L (CA), CHT; Sheila Morris, OTR/L (CA), CHT

Splinting is an option for practitioners to address patients' pain and improve functional use. Becoming proficient requires time and practice. This class is a lecture/lab to help practitioners refine splinting skills.

### 97 - Lived Experience as Pedagogy: Integrating Experts into Curricula (3.5 PDUs)

Celso Delgado, Jr., OTD, OTR/L (CA), BCMH; Sarah Bream, OTD, OTR/L (CA);

Tessa Milman, OTD, OTR/L (CA); Leslie Moreno; Maggie Yeo Gaik

Participants will be introduced to an innovative pedagogical design where 'experts by experience' (consumers) contribute to occupational therapy students learning about mental health service contexts and recovery. How to integrate experts into curricula will be discussed.

PROGRAM SCHEDULE *continued*

# Program Schedule

EARN  
PDU's

## 2:30pm – 3:30pm

### 98 - OT Role Facilitating Dance Groups within Inpatient Mental Health (1 PDU)

*Violeta Kofman, OTS*

Attendees will explore the benefits and process of implementing dance as a group intervention within inpatient mental health to promote self-regulation. Become immersed in the experience, get out of your comfort zone, and broaden your occupational therapy toolbox.

## 2:30pm – 4:45pm

### 100 - Menstruation: A Journey Supporting Clients Transitioning to Adulthood (2 PDUs)

*Alexandra Arguelles, MOT, OTR/L (CA)*

Pediatric occupational therapy (OT) practitioners have a unique role in helping families think about adolescence and adulthood. OTs can use a strength-based approach to assess clients' and families' skills and evidence-based practice to teach clients about menstruation and feminine hygiene.

### 101 - Pandemic Burnout in School-Based Occupational Therapy (1.5 PDUs)

*Susan Lingelbach, OTD, MA, OTR/L (NV)*

Results from this qualitative phenomenological study and literature synthesis will describe the experience of burnout in school-based occupational therapy practice with a focus on the effect of the global COVID-19 pandemic. Session ends at 4:00pm

### 102 - Beginning Strategies to Address Pediatric Incontinence (2 PDUs)

*Ivan Hardcastle, OTR/L (ID)*

Occupational therapy practitioners are in a prime position to make a difference in many children affected by incontinence (day and night). Come learn basic intervention strategies before seeking more in-depth training.

## 3:45pm – 4:45pm

### 103 - Lifestyle Medicine: Addressing Chronic Disease with Healthy Lifestyles (1 PDU)

*Heather Javaherian, OTD, OTR/L (CA), FAOTA*

Lifestyle medicine aligns with our profession providing practitioners with an effective approach to promote health and occupational participation and address chronic disease and health promotion, thus making occupational therapy practitioners necessary healthcare providers.

# Practice Area Tracks

EARN  
PDU's

1 Behavioral/ Mental Health/Wellness		2 Pediatrics/ School-Based		3 Physical Disability/Rehab/ Oncology		4 Academics/ Leadership/General		5 Students Only
Session 10	Session 42	Session 12	Session 52	Session 10	Session 46	Saturday Lunch	Session 56	Session 70 (no PDUs)
Session 13	Session 45	Session 15	Session 62	Session 24	Session 53	Sunday Lunch	Session 60	
Session 14	Session 55	Session 16	Session 71	Session 27	Session 73	Session 11	Session 63	
Session 18	Session 61	Session 21	Session 76	Session 33	Session 80	Session 17	Session 64	
Session 25	Session 65	Session 22	Session 77	Session 35	Session 83	Session 18	Session 65	
Session 26	Session 74	Session 31	Session 95	Session 37	Session 84	Session 20	Session 66	
Session 27	Session 75	Session 32	Session 101	Session 40	Session 92	Session 23	Session 72	
Session 34	Session 81	Session 51	Session 102	Session 43	Session 94	Session 30	Session 82	
Session 36	Session 90			Session 44	Session 96	Session 33	Session 86	
Session 37	Session 91					Session 47	Session 90	
Session 40	Session 92					Session 50	Session 93	
Session 41	Session 98					Session 54	Session 97	

## SYMPOSIUM ATTENDEE DISCLAIMER/AGREEMENTS

By registering for or attending any event or activity associated with the 2023 WROTSS, I agree to its disclaimer and agreements which can be located on the WROTSS website at [symposium.otaonline.org](http://symposium.otaonline.org)

## ONLINE SESSION HANDOUTS

Most presenters provide session handout materials in advance and do not distribute copies at the Symposium. You will be notified via email on approximately February 26 which handouts are available on the WROTSS website [symposium.otaonline.org](http://symposium.otaonline.org) for you to download and bring to the Symposium.



Look for the  
free mobile  
WROTSS app  
Coming by February 10



# Get the Discount! Special "2-for-1" Two-Day Registration Rate - \$149 each person (Students: \$99 each student)

**Members...**You all know a colleague who is not a member.

**Nonmembers...**You all know a colleague who is a member, or two nonmembers can join together and take advantage of the "2-for-1" registration rate. So, members and nonmembers, get together and take advantage of this "2-for-1" offer.

## Special "2-for-1" Two-Day Registration Rate—How It Works.

Registration forms and completed membership application form(s) for both individuals (same state) must be faxed, or mailed **together** to the WROTSS office and reach the office no later than February 20, 2023. "Two nonmembers may join and attend together and each receives this discount. This discount is in lieu of any other incentives/rewards offered by any participating state. Students can partner with another student to qualify. OT/OTAs **cannot** partner with a student for the discount.



## 2023 WROTSS REGISTRATION FORM

### 1. REGISTRANT: (Please print or type)

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Last Name \_\_\_\_\_ Credentials \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 Home City/State/Zip \_\_\_\_\_  
 Phone Home (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_  
 Email \_\_\_\_\_ First Time Attendee  Yes  No  
 Who to contact in case of an emergency: (Name and cell phone) \_\_\_\_\_

### 2. PROGRAM SELECTION: (Circle) the sessions/activities you will attend. Sessions/activities are included in registration for the corresponding day. **You may not register for overlapping sessions.**

FRIDAY (March 3)					SATURDAY (March 4)							SUNDAY (March 5)											
AM Additional fees required for Friday					18										70	71	72	73	74	75		76	77
					20	21	22	23	24	25	26	27			80	81	82	83	84	85			
					30	31	32	33	34	35	36	37			86								
PM Additional fees required for Friday	10	11	12	13	40	41	42	43	44	45	46			90	91	92	93						
	14				50	51	52	53	54	55	56	47		98				94	95	96	97		
	15		16	17	60	61	62	63	64	65	66			100	101	102	103						
<b>ACTIVITIES</b>					A-Reception				B-Lunch							C-Lunch							

### 3. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/Registration Fee below.

FEES INCREASE FEBRUARY 5, 2020	SAT./SUN.-Regular	SAT./SUN.-2-for-1	SAT. ONLY	SUN. ONLY
OT/OTA	\$229	\$149	\$169	\$169
OTS (Student-MOT or OTA)	\$169	\$99	\$89	\$89
<b>ADD-ON: NON-OTAC MEMBER FEE/ NEW MEMBER DUES</b>	OT: Add \$135 to the fees above • OTA: Add \$110 to the fees above • Students (MOT/OTA): Add \$50 to the fees above. This add-on fee may qualify you for a 1-year membership. Submit a membership application.			

### 4. SUMMARY SECTION: Fill in and check all boxes that apply or your registration form is not complete and may be subject to additional fees.

Registration Fee (from Section 3 above) \$ \_\_\_\_\_  
 If not a member of your state OT Association, Add-On Fee:  
 Non-OTAC Member Fee (OT) \$135 – (Submit Application) \$ \_\_\_\_\_  
 Non-OTAC Member Fee (OTA) \$110 – (Submit Application) \$ \_\_\_\_\_  
 Non-OTAC Student Member Fee \$50 – (Submit Application) \$ \_\_\_\_\_  
 Friday Pre-Institute Sessions \$ \_\_\_\_\_  
 Session 10 (Members \$19/Nonmembers \$29) \$ \_\_\_\_\_  
 Session 11 (Members \$0\*/Nonmembers \$29) \$ \_\_\_\_\_  
 Session 12 (Members \$39/Nonmembers \$59) \$ \_\_\_\_\_  
 Session 13 (Members \$39/Nonmembers \$59) \$ \_\_\_\_\_  
 Session 14 (Members \$19/Nonmembers \$29) \$ \_\_\_\_\_  
 Session 15 (Members \$29/Nonmembers \$39) \$ \_\_\_\_\_  
 Session 16 (Members \$39/Nonmembers \$59) \$ \_\_\_\_\_  
 Session 17 (Members \$0\*/Nonmembers \$39) \$ \_\_\_\_\_  
 \*must be registered for Sat. and/or Sun.  
 Registration received between 2/14/23-2/20/23 - \$60 (Add) \$ \_\_\_\_\_  
 Registration received after 2/20/23 and onsite - \$90 (Add) \$ \_\_\_\_\_  
 TOTAL (Check or use credit card) \$ \_\_\_\_\_

### 5. PAYMENT INFORMATION

Do not email your registration form with credit card information. Emails are not secure, please fax to the secure number listed below.

AMEX  MasterCard  Visa  Discover  
 Check # \_\_\_\_\_ (Payable to OTAC)

Card Number \_\_\_\_\_ VCode\* \_\_\_\_\_

Name of Cardholder \_\_\_\_\_ Exp. Date \_\_\_\_\_

Card Billing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_

\*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

SPECIAL MEALS AND NEED REQUESTS: (must register by February 24)

### 6. SUBMIT REGISTRATION TO

Fax (916) 294-0415 - Secure Fax  
 Mail WROTSS, 3620 American River Drive, Suite 230, Sacramento, CA 95864

Make checks payable to OTAC

### 7. KEEP A COPY FOR YOUR RECORDS

QUESTIONS? By Phone: (916) 567-7000 or (844) 497-6877  
 By Email: staff@otaonline.org

Beginning February 21, 2023, registration will only be accepted onsite at the Tuscany Suites and Casino and the fee increases \$90. Cancellation Fee: \$50/Practitioners; \$35 Students. Must cancel in writing by February 20, 2023.





WESTERN REGIONAL  
**2023**  
**OT SPRING SYMPOSIUM**  
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**MEMBERSHIP APPLICATION/SPECIAL - Put OTAC to work for you!**

**INDIVIDUAL MEMBER ONLY** *Please Print or Type*

FIRST \_\_\_\_\_ MIDDLE INITIAL \_\_\_\_\_

LAST \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME PHONE ( \_\_\_\_\_ ) \_\_\_\_\_

CELL PHONE ( \_\_\_\_\_ ) \_\_\_\_\_

PRIMARY EMAIL \_\_\_\_\_

LICENSE # \_\_\_\_\_

YEARS IN PRACTICE \_\_\_\_\_

NAME OF PERSON WHO REFERRED YOU \_\_\_\_\_

BIRTH YEAR (Optional) \_\_\_\_\_

**STUDENTS ONLY**

SCHOOL CURRENTLY ENROLLED \_\_\_\_\_

ANTICIPATED EXAM/GRAD DATE \_\_\_\_\_

**EMPLOYER INFORMATION OF INDIVIDUAL MEMBER**

COMPANY \_\_\_\_\_

DEPARTMENT/DIVISION \_\_\_\_\_

YOUR TITLE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE ( \_\_\_\_\_ ) \_\_\_\_\_ EXT. \_\_\_\_\_

DIRECT LINE ( \_\_\_\_\_ ) \_\_\_\_\_

FAX ( \_\_\_\_\_ ) \_\_\_\_\_

**MEMBERSHIP CATEGORY – SYMPOSIUM SPECIAL\***

- OT/L, OTR/L, OT (Full-time/Part-time) [\$135]\*
- OTA, OTA/L, COTA, COTA/L (Full-time/Part-time) [\$110]\*
- OT/OTA STUDENT (Full-time/Part-time) [\$50]
- ASSOCIATE (Non-OT only) [\$125]\*

**ANNUAL DUES**

**PAY ON  
 SYMPOSIUM  
 REGISTRATION  
 FORM**

**CIRCLE YOUR PRIMARY AREA OF PRACTICE**

- A. Academia
- B. Mental Health
- C. Pediatrics
- D. Physical Disabilities
- E. Wellness
- F. Other

**ARE YOU INTERESTED IN VOLUNTEER OPPORTUNITIES?**

YES  NO

**IMPORTANT NOTES ABOUT THIS OFFER!**

- This membership special is for **nonmembers only**, and is valid for 12 months upon receipt of 2023 WROTSS Registration and this form.
- The Membership Application special ends April 30, 2023.
- The “2-for-1” Discount ends February 20, 2023. This means that after February 20, 2023 you will no longer be able to take advantage of the “2-for-1” Discount (but you have until April 30, 2023 to take advantage of the Membership Application Special).
- If you are taking advantage of the “2-for-1” Discount, all participating individuals must submit all applicable forms together.
  - o If paying by credit card, you may fax all forms to the OTAC office at (916) 294-0415.
  - o If paying by check, mail your forms to:  
 OTAC • 3620 American River Drive, Suite 230, Sacramento, CA 95864  
 o Make checks payable to OTAC.
- **QUESTIONS?**  
 Call staff at (888) 686-3225, or email [staff@otaonline.org](mailto:staff@otaonline.org)

**ABOUT YOUR DUES**

Contributions or gifts to the Occupational Therapy Association of California (OTAC) are not tax deductible as charitable contributions for income tax purposes. However, they may be tax deductible as ordinary and necessary business expenses except that portion which is allocated to association lobbying activities. OTAC estimates that the non-deductible portion of your OTAC dues — the portion which is allocable to lobbying — is 5%. Five dollars of your dues (except Corporate) is a voluntary contribution to OTAC’s Political Action Committee and may be deducted from the amount due.